

Speedy Gazette

"Improving Lives... Building Futures"



PVA

Paralyzed Veterans of America

Texas Chapter

6418 FM 2100 Road
Crosby, Texas 77532
Phone: 713-520-8782
Toll Free: 800-933-4261
Fax: 713-520-8217
Email: info@texaspva.org
www.texaspva.org

January - February - March 2026

HELLO SPRING





Officers - Board of Directors, Program Directors

President	Frank Daebelliehn
Vice President	Frank Ellis
Secretary	Rhonda Winer
Treasurer	Rebecca Johnson
Parliamentarian	Open
Legislative	Open
Board Member #1	Gabriel Diaz De Leon
Board Member #2	David Bradshaw
Board Member #3	Zachary Jones
National Director	Kerry Reyna
Houston Satellite Director	Juan Banda
San Antonio Satellite Director	Armando Rodriguez
Government Relations	Kerry Reyna
Advocacy Director	Open
Sports & Recreation	Bruce Kuker
Adaptive Sports Coach	Jose Laguna
Membership	Open
MS Director	Open
VAWS San Antonio	Open
VAWS Houston	Open
Chaplain	Open

TPVA Staff

Executive Director Amanda Saunders

Admin Assistant Doris Bendo

Accountant Jinu Jose

E-Mail info@texaspva.org

National Service Officers

Gregory Treacy, SNSO Houston VARO, 202-416-1011/1012 GregoryT@pva.org

John Allen, SBA Houston SCIC, 713-794-7993 JohnA@pva.org

Wayne Baker, NSO San Antonio SCIC, 202-416-7643/1064 wayneba@pva.org

Dan Meckel, SNSO Waco VARO, 254-299-9944 DanM@pva.org

Joel Hoot, Veterans Career Program, 202-416-6479 JoelH@pva.org



Greetings to our TPVA members,

The chapter has great news—things are going well, and let's keep the momentum going.

First, I want to congratulate Nate Turner. It looks like you had a great time at the WSC! Our Kill'n Clays event was a success—thank you to everyone who participated, and congratulations to those who won awards.

We are looking forward to a great summer. We have many events planned, and I hope we have great weather for the rest of the season.

Congratulations to Amanda on the Buick. This was a very generous donation from one of our dear friends in Houston and it will be a great asset to the chapter. Amanda will be using it as a company car, helping reduce the mileage on her personal vehicle.

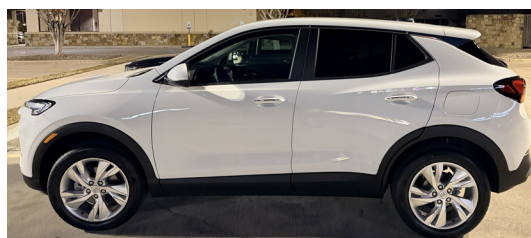
We are currently in need of more help within the chapter. While we do have some members assisting with board responsibilities and other duties, we need additional volunteers to keep everything running smoothly. It's wonderful to attend and enjoy events, but they rely on the time and effort of volunteers. Please consider helping in any way you can—even small contributions make a big difference. We are in desperate need of Program Directors. Can you help?

Kerry Reyna will be heading to Washington, DC. Please keep her in your prayers for safe travels as she works with congressmen and senators to advocate for changes that will improve the lives of disabled veterans.

I hope to get out and see everyone over the next year. I am currently recovering from several health issues, and I appreciate all the prayers and support during this time. Let's continue focusing on healing and moving forward together.

Thank you all for your continued support.

Sincerely,
Frank Daebelliehn
Chapter President



****Third Time's the Charm: A Continued Journey Across Texas****

By: Steve Holbert

For the third consecutive year, I've had the honor of winning my age division in the TFAA "Shoot Your Way Across Texas" Indoor Archery Championship. What started as a way to stay active has turned into something much bigger—something that reaches far beyond scores, rankings, or even the competition itself.

As a paralyzed veteran, life after injury can easily become smaller if you let it. Physical limitations, daily challenges, and the mental weight of it all can narrow your world. Archery has done the opposite for me—it's expanded it.

Competitive archery has given me structure, purpose, and a reason to keep improving. It's also given me something just as valuable: community. Over the past few years, I've built friendships and connections with people I see regularly at local shoots and competitions. From my local archery shop to tournaments across Texas, the same faces show up—people who encourage, share advice, and genuinely want to see each other succeed.

One of the things I appreciate most about this sport is the environment. It's competitive, no doubt—but it's also low pressure in a way that's rare. On any given day, I might find myself shooting on the same line as a 12-year-old just starting out or a 75-year-old who's been doing this for decades. Everyone's there for their own reasons, but there's a shared respect and willingness to help one another. If you're struggling, someone steps in with a tip. If you're improving, people notice and support you.

One important aspect of these competitions is that there isn't a separate "para" category within TFAA. I compete in the same division as every other male in my age group, under the same conditions and standards. To me, that's meaningful. It reinforces that while I may approach the sport differently due to my physical limitations, the expectation to perform remains the same. It's not about being set apart—it's about being part of the field.

Another standout aspect is the younger generation of archers. Watching youth and young adult competitors demonstrate incredible skill, focus, and discipline is nothing short of inspiring. Some of these kids are putting up scores that rival—or beat—those in the Pro divisions. Seeing that level of dedication at such a young age is a powerful reminder of what's possible with commitment and practice.

At the same time, I've come to realize that I may be providing some inspiration myself. When others see someone with significant physical limitations competing—and competing well—it challenges assumptions. It shows that ability isn't defined solely by physical condition, but by determination, adaptability, and mindset.

That's really the bigger message here.

Recreational sports—whether it’s archery or something else—can play a critical role in both physical and psychological health, especially for veterans dealing with life-changing injuries. The physical benefits are obvious: improved coordination, strength, and endurance. But the psychological benefits are just as important, if not more so. There’s a sense of accomplishment, a reason to get out, a way to stay engaged, and a community that helps keep you grounded.

If there’s one thing I’d encourage others to take away from my experience, it’s this: give it a try. Don’t decide something isn’t for you before you’ve had a chance to experience it. Most things feel difficult at first—that’s normal. Stick with it long enough to learn, to observe, and to adapt. Watch what others are doing. Ask questions. Let yourself improve.

You might surprise yourself.

I certainly did.

Three championships later, I’m still learning, still improving, and still finding new reasons to keep going. And that, more than any title, is what really matters.



Submitted by: Greg Treacy

The VA: Health and Benefits mobile app now allows eligible Veterans to conveniently view their active Certificate of Eligibility (COE) Home Loan Letter in the app. By improving both ease of access and timeliness, this enhancement makes it easier for Veterans to take the next step toward homeownership.

The COE feature was deployed through a phased rollout from March 2-5 to ensure a smooth transition. Activation began with 5% of users on March 2, expanded to 25% on March 3, 50% on March 4, and concluded with full deployment to all users today. This phased approach was intended to ensure minimal disruption throughout the implementation process.

Note that eligible Veterans can only view their active COE through the app. If a Veteran does not have an active COE and wants to use their benefit, or wants to make changes to their active COE, they should work directly with their mortgage lender or through VA.gov.

The 2026 NDVWSC (40th Annual)

The National Disabled Veterans Winter Sports Clinic (NDVWSC) was held from April 5-10, 2026 in Snowmass Village, Colorado. This was the 40th annual event and came with some major challenges...warm temperatures and very little snow. But, the organizers and the athletes didn't let those hurdles slow them down or prevent us from having a blast. They were successful at creating miracles on a mountainside.

We arrived in Aspen, CO on Saturday, April 4th. My son, Trevor, came as my guest/caregiver. We were shuttled just a few miles away to the Snowmass Village and quickly given directions to where we could grab a shuttle to our hotel. Since I am ambulatory, our room was just down the street at a different hotel. All wheelchair bound athletes are housed at the main hotel, the Viewline. The conference room/center is attached to the Viewline hotel.

After getting settled into the hotel, Trevor and I ventured out into the town and found a grocery store to pick up some necessities. The rest of the day was focused on getting unpacked and resting from the flights into Aspen.

Sunday morning we weighed in and picked up our packets. Since there wasn't much snow, and Snowmass decided to close the mountain to the public a week early, Trevor and I purchased lift tickets and hit the slopes for some pre-clinic skiing. Afterward, I had to take my personal equipment to get loaded onto a van and taken to the top of the gondola. This was different from other years, but a necessity for us to be able to ski on top of the mountain where there was still some decent snow.

Mandatory team meetings began Sunday afternoon. I was assigned to team Bear Bottom. Most of my team is wheelchair bound and uses a sitski, like myself, to navigate the slopes. After the team meetings was the Taste of Snowmass. Local restaurants at the mall set up canopies and stations to serve meals to the Veterans and other participants, coaches, and team leaders. That evening was the Opening Ceremony.

Monday marked the official first day of skiing and alternate activities for the Veterans. Each athlete gets 2 - half day ski sessions and a chance to run the race course on Friday. The other days are opportunities for the athletes to go on other adventures near the Aspen/Snowmass area. These alternate activities include things like, snowmobiling (canceled this year due to a lack of snow), sled hockey, fly fishing, hot springs, scuba diving, tour to the top of the mountain at Aspen, lunch at the Elks Lodge, cycling, curling, and a few other activities I don't recall off the top of my head.

My Monday was a trip to the ice rink to play sled hockey. Trevor got to ride the bus with me and took some great pictures and video clips of my time on the ice. At this activity, they have former professional hockey coaches and even a professional player to assist with teaching basic skills and drills. At the end of the session, we got to play a half rink game against the other colored

team (blue and red). I was on the red team this year. I had an exciting and rewarding time as I scored 2 of our team's 3 goals and got the assist on the third goal. We tied 3-3.

We got back to the conference center just in time for lunch. From Monday through Thursday, we are served 3 meals a day and get to mingle and hang out with the other Veterans. This is a great opportunity to connect with the other athletes and build relationships.

Trevor and I rested that afternoon and then I had another team meeting to discuss the next day's skiing. After dinner, there are always some sort of activity you can participate in to end your day. They host dance parties, live bands, comedians, social events, or play games.

Tuesday was the first day of skiing with me. Again, this year was a bit different due to the warm temperatures and very little snow. I got up early and was one of the first to the bottom of the gondola. There are lots of volunteers to assist everyone get onto the gondola and up to the top of the mountain. When I arrived, I quickly found my two instructors and we located my personal sitski and outriggers.

No matter what your disability is, they have equipment and instructors there to make sure you get your opportunities to snow ski. Their slogan is "Miracles on a Mountainside" and they do just that for every single Veteran.

I own a SnoYak. The SnoYak is fairly new technology that able bodied people can ski or, for someone like me who is slightly paralyzed, but has some function with their legs and feet. You also must have good core function and strength for the SnoYak. There were 3 of us Veteran Athletes that had a SnoYak at the clinic this year. The SnoYak is a monoski that I was able to learn very quickly and became an independent skier in just a few days. It is the perfect rig for me. I have tried several different sit skis and have had some success, but nothing like the SnoYak.

My instructors, Jason and Michelle, were able to get me all the way to the bottom of the gondola lift 4 times in my half day session of skiing. Each trip down the mountain, I gained confidence, made better turns, and picked up speed. I had skied with Jason on 2 other trips to the clinic and he was extremely impressed with my progress and the way that I was able to ski on the SnoYak.

Most years, you can put your name on a wait list and if instructors are available, they will let you ski on the second half of the day, however, due to the conditions and limited areas to ski, this was not an option this year. So, I took the afternoon off and rested after lunch.

Wednesday was another alternate activity day. I chose fly fishing. "Salty" is a local ranch owner that has been hosting Veterans at his ponds for many, many years. He stocks his ponds every year to give us a chance to catch our own lunch. There are volunteers from the local Elks Lodge and fishing clubs that gather with their own flies to help Veterans do some fishing. If you aren't a fan of the fly rod, they also provide traditional rods and reels. In 2024, I caught the pond record,

a 22" rainbow trout. I went on to catch a total of 24 fish that day. This year, 2026, wasn't quite the same, but I still managed to bring in about 6 fish and one that was plenty big enough for lunch. We fished until about 3pm and then headed back to Snowmass. It is about a 30 minute trip to Salty's ranch. We got back just in time for our afternoon team meeting and dinner.

Thursday was my final day of skiing. We learned at the Wednesday team meeting that we would do our race course run during the Thursday session instead of on Friday morning like we usually do. Again, the conditions were getting worse and worse by the minute. Instead of making full runs to the bottom of the gondola, I chose to stay on top of the mountain and work on fine tuning my turns and other skills. Jason, Michelle and I were able to get about a dozen runs down the short slope at the top of the mountain. It was a bit crowded, but we had fun. Jason and Michelle even took turns testing out my SnoYak. Both have a new appreciation for just how hard it is to ski sitting down and on only one ski.

At the end of the session, I got in line to make my run through the race course. It was a great time at just over 30 seconds. Jason filmed my run and shared it with me. Jason, Michelle and I all exchanged phone numbers and pics we had taken of each other during our sessions before I headed back to the bottom of the mountain on the gondola. The relationship between my instructors and I is a huge factor in my quest to return to the clinic every year. They are so encouraging and supportive.

Friday is always the awards ceremony and the closing Taste of Snowmass. Again, I was eager to be one of the first in line to get my participation metal. After I received my award, Trevor and I hurried to the hotel to grab our swimming suits. We headed to the scuba diving pool. We spent the next 45 minutes or so with individual instructors who taught us the basics of scuba diving. We played in the pool and did different underwater activities. Neither of us had ever done scuba diving before. After the pool, we went back to the room to change into our normal clothes for the Taste of Snowmass event. It is set up just like the beginning of the week's event. There are lots of desserts, drinks, and other tasty opportunities.

Friday is also the day we pack our bags and get them ready for the flight home. Trevor and I dropped our checked luggage off at the United Airlines station that was set up at the conference center, and then we headed into town to grab some dinner.

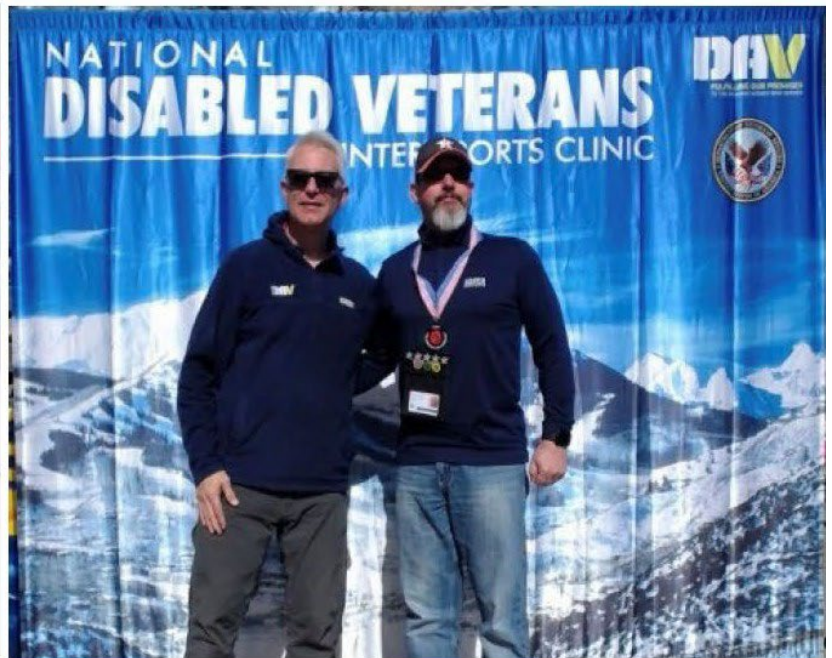
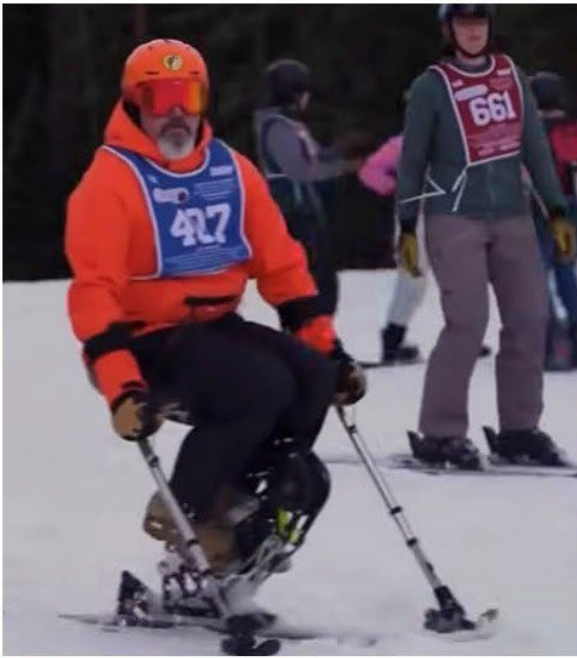
Saturday we flew back to San Antonio from Aspen. It's always a bit chaotic at the tiny Aspen airport, but we packed our patience and managed to get home safely.

Participating in the NDVWSC is one of the main highlights of my year. I learned last year just how much this trip means to me. Unfortunately, I couldn't get off work for a full week for the 2025 NDVWSC. Missing the event really opened my eyes to just how important it is to get out there and be a part of this event. The comradery, mental health benefits, recreational and physical therapy that this event provides are essential to my overall health and wellbeing. I cherish these opportunities and feel blessed that the PVA is able to support and sponsor me.

A special thanks goes out to my family, the Texas Chapter of PVA, SnoYak, the team leaders, coaches, instructors and all the other volunteers that make this event possible to create miracles on a mountainside.

Thank you!!!!

Nate Turner - Bib # 407



Team Texas is proud to reflect on an incredible showing at the Winter Air Gun competition, made possible through the generous support of Texas PVA. Your continued commitment to adaptive shooting sports and to our athletes means more than words can express, and we are deeply grateful for your support.

This year's Winter Air Gun was an outstanding success for Team Texas. Every athlete on our team advanced to the finals, a remarkable accomplishment that highlights the dedication, discipline, and countless hours of training put in by our shooters and coaches. Competing at this level is no small feat, and our athletes rose to the challenge with focus, determination, and true Texas pride.

We are especially proud to celebrate the medal performances of three Team Texas athletes:

- Leah Groggett earned a Silver Medal in Women's Air Pistol, delivering a strong and composed performance.
- Marco Delarosa captured a Silver Medal in Men's Air Pistol, showcasing consistency and precision throughout the competition.
- Adessa Nolan brought home a Bronze Medal in Mixed Air Rifle, demonstrating skill and resilience on the national stage.

Beyond the medals, Winter Air Gun was a powerful reminder of what can be achieved through teamwork, perseverance, and community support. The experience strengthened our athletes, built confidence, and reinforced the importance of opportunities like this for growth and development in competitive shooting.

On behalf of Team Texas, thank you again to Texas PVA for believing in our athletes and helping make this journey possible. We are proud of what our team accomplished and excited to carry this momentum forward into future competitions.

Sincerely,
Team Texas
Submitted by Toai Nolan



Continued Winter Air Guns



CLASSIFIEDS / SERVICES / ANNOUNCEMENTS

ADVERTISE WITH THE SPEEDY GAZETTE!

All submissions for the Classified Section of the SPEEDY GAZETTE must be submitted to the TPVA Office no later than the 1st of the month. The charge is \$15.00 for 15 words (each additional word is \$.25 cents). Payment must accompany the ad. If you are a member in good standing with TPVA, you may place a 15-word ad for FREE! An incentive of a 10% discount applies on ANNUAL commitments.

Display Advertisements: to offset some of the cost of printing and mailing the SPEEDY GAZETTE, the following ad rates apply:

SIZE:	MONTHLY:	ANNUAL (Approximately 6 issues per year):
Business Card	\$20.00	\$120.00 less 10% = \$108.00
¼ Page	\$30.00	\$180.00 less 10% = \$162.00
½ Page	\$55.00	\$330.00 less 10% = \$297.00
Full Page:	\$125.00	\$750.00 less 10% = \$675.00

Please call 1-800-933-4261 or 713-520-8782 (EXT. 4) to place a Display Advertisement or Classified Advertisement and watch your business get noticed!



AJ Walker, ARC^{EX} User,
US Navy Veteran

Every Gain Counts

ARC^{EX}® is the first FDA-cleared, non-invasive spinal cord stimulation therapy designed to improve hand strength and sensation in people with chronic, incomplete cervical spinal cord injury (SCI).

Scan the QR code to
start your journey with
ARC^{EX} or email
support@onwd.com



ARC^{EX}

The ARC^{EX} System is intended to deliver programmed transcutaneous electrical spinal cord stimulation in conjunction with functional task practice in the clinic and with take-home exercises in the home to improve hand sensation and strength in individuals between 18 and 75 years old that present with a chronic, non-progressive neurological deficit resulting from an incomplete spinal cord injury (C2-C8 inclusive).

The ARC^{EX} System is intended to be operated in medical centers by Rehabilitation Professionals and at home by Patients and Persons Providing Assistance to the Patient as needed.

© 2026 ONWARD Medical. All Rights Reserved. 2025045B

onwd.com




FOOD PANTRY SCHEDULE

**1st
Monday**

EAST HOUSTON POP-UP GROCERY


12:00 PM - 2:00 PM

 Powell Memorial VFW 9296
1214 Maxey Rd, Houston, TX 77015

**1st
Tuesday**

ELLINGTON FIELD JRB POP-UP GROCERY

12:00 PM - 2:00 PM

 Lone Star Flight Museum
(Warbird Ready Room)
11551 Aerospace Ave, Houston, TX 77034

**2nd & 4th
Friday**

HQ IN-HOUSE FOOD PANTRY


10:00 AM - 12:00 PM

 Combined Arms HQ
2929 McKinney St, Houston, TX 77003

**3rd
Wednesday**

GALVESTON COUNTY

3:30 PM - 5:30 PM

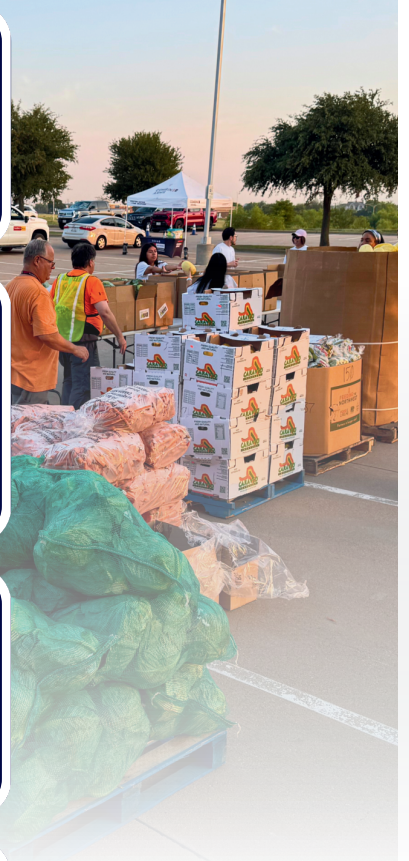
 The Connection Parking Lot
9300 E.F. Lowry Expressway
Texas City, TX 77591

**3rd
Thursday**

MONTGOMERY COUNTY

4:00 PM - 6:00 PM

 The Ark Church (Secondary Parking Lot)
450 Humble Tank Rd, Conroe, TX 77304



**SCAN ME
TO REGISTER**



Are you a veteran in need of resources or have questions? We're here to help!



1-844-4TX-VETS
1-844-489-8387



go.combinedarms.us/food-pantry-rsvp
info@combinedarms.us



WELCOME NEW MEMBERS

Louis Portela
Thomas Anderson
Albert Barber
Tyson Lightford
Richard Lipsey
Glenn Watts
Ronald Roberson
James Henderson
Laurence Borremans
James Williams
Robert Munoz
Joshua King
Robert Quesada
Paul Gardner



REST IN PEACE

Warren Tinseth 'JR'
Catherine 'Kate' Callahan
Roger Livingston
Robert Phillips
June Pugh
Bobby Barton

LOOK! Small Gifts @ Small Prices

For details email
deany8@juno.com



**Military
Ornaments
With
Nutcrackers**

**Please
Specify
what
Branch of
Service
\$10.00 ea.**



**Various Home
Decor trays
with towels or
flowers to
accent any
room
\$15.00 ea.**



**Small & Large
Bath Basket
with 3 to 6
items
from \$10 - \$20**



**Military
Discount
given with
every
purchase**



**Gifts for
Pet
Parents
from \$5
-\$15 ea**



Calling All Caregivers:

Spouses

- Adult Children
- Siblings
- Relatives

Drop-In respite care is a service provided to give caregivers a much needed break; allowing caregivers to rest, do personal errands, travel or just spend time with family and friends.

Respite is available for a few hours (4 hr. minimum) on an as needed bases.

Privately owned and operated by License CNA in a beautiful ranch style home located in La Vernia, TX.

Kaylyn's Care Drop-In Respite Care

kaylynscare4all@yahoo.com

(830) 415-6285

Services:

- Assistance with ADL
- Mobility Assistance
- Toileting
- Assistance with Bowel & Bladder Program
- Medication Reminders
- Snacks/Meals Provided
- Emotional Support
- Respectful Communication
- with all clients
- &
- Their Love Ones



Has
Joined



TO BECOME THE LARGEST MOBILITY DEALERSHIP IN TEXAS WITH 10 LOCATIONS!

Let United Access help you get on your way, because your mobility is our mission

- ✓ New & Pre-owned Wheelchair Accessible Vehicles
- ✓ Accessible SUVs, Minivans and Full Size Vehicles
- ✓ Scooter & Wheelchair Lifts
- ✓ Power Transfer & Lift Up Seats
- ✓ Hand Controls & Steering Devices
- ✓ High Tech Driving Systems
- ✓ Wheelchair Accessible Van Rentals



We're here to help!

Call us today or stop by and take a test drive.



877-501-8267
www.unitedaccess.com



Proud Supporters of the



**Paralyzed Veterans
of America**



Rise Up with Ekso Indego®

Eligible veterans may receive an Ekso Indego Personal exoskeleton at NO COST!

- Enjoy eye-level conversations
- Community walking speeds
- Lightest weight exoskeleton
- Modular design for easy transport



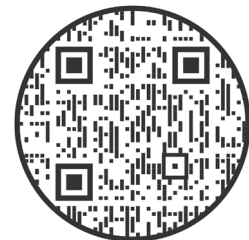
Ekso Indego Gets You Walking Again



Ekso Indego enables individuals paralyzed from spinal cord injuries (level T3-L5)* to stand and walk, offering a new level of independence.

An evaluation by your providers at an SCI/D center is required to determine eligibility for use of the Ekso Indego device.

Contact us for more information
www.eksobionics.com/veterans
or call (510) 984-1761 option 1



A recently revised VA policy allows Ekso Indego to be issued to qualified veterans at no cost.

* For full indications for use, visit: www.eksobionics.com/indications-for-use/



Proudly designed & assembled in the USA

www.eksobionics.com

PN#:044-028-001 Rev. D

Donate your gently used clothing and household items to help support our chapter. Please be sure to mention you'd like your donation to benefit the TEXAS PARALYZED VETERANS. All donations are tax deductible. To schedule a pickup please call:

346-319-2222



Don't



Remove hangers, check the pockets and wash if possible. Don't forget we need shoes, purses, and accessories.

Even towels and bedding that are threadbare can have a second life as they are used for cleaning up, and recycling.

Dr. Holmes Retirement Party

Thank you for 31 years of service!



"Thank You For Your 31 Years Of Service To Veterans At Houston Sci Unit"

We won The Military National this past week in Colorado Springs



We continue to offer free, In Person, mental health counseling for military veterans and their families. We practice social distancing guidelines and have hand sanitizer available. We can also help with transportation needs with weekly bus passes.

Charles Jackson MA LPC
Licensed Professional Counselor
Healthy Minds, Healthy Heroes

American GI Forum – National Veterans Outreach Program
210-248-9933 Phone
cjackson@nvop-sa.org
206 San Pedro, Suite 201, San Antonio, TX 78205

Veterans when you sign up the tickets that you request will be at will call the day of event. This is all over the country and they have events like Disney on ice, monster trucks, nba, nfl, mlb, college sports, comedy shows, you name it.

Website: <https://www.vettix.org/tixer/my-account/login>

San Antonio membership forums will take place on the 1st Thursday of each month at 12 pm. Houston membership forums will take place on the 3rd Wednesday of each month at 12 pm.

January - February - March Birthdays

Willis Taylor

Willie Jones

Willard Allen

Traci Schiska

Todd Taylor

Stephen Scott

Roy Curry

Roy Rangel

Roy Brown

Robert Dafft

Richard Carson

Sean Nguyen

Patrick Norvell

Pablo Collazo

Nicholas Mateo

Nathan Pence

Michelle Bush

Michael Robertson

Michael Noyce

Michael Stewart

Michael Eylander Sr

Martez Davis

Manuel Riojas

Mac Galvan, Jr.

Leon Toulson, Jr.

Kimberly Henderson

Kenneth Jordan

Kare Wiggins

John Toledo

Jimmy Harris

Jennifer Bowles

James Madison

Ismael Reyna

Felipe Garcia

Eugene Hernandez

Ernie Sandidge

Edwin Simmons

Edward Cole

Edward Erconbrack, Jr.

Edward Caldwell, Jr.

Earl Thornton

Dwight Hayes

Derrick Bryant

Derrick Perkins

Dennis Brooks

Christopher Schexnayder

Charles Mitchell

Charles Marvets

Bruce Vogt

Bobby Broadnax

Augustine Pena

James Milliff

Regina Escaliente

Kord Beckerdite

Michael Sutton

Raol Salinas

Brandie Peterson

Stuart Parselle

Randi Guerrero

Richard Vigil

Jose Luis Martinez

Glenn Welsch

Hector Quinones

John Sanchez

John Fuller, III

James Poindexter

Fredrick Nash

Ronald Rone

Lewis Williams

Kelly Keyworth

Chanda Gaeth

Ricardo Laurel

Brandon Cortez

Silviano Rivera

Robert Bishop

James Driggers, Jr.

Benny Reynaga

George McEntyre

Misael Rodriguez

Seth Aho

Alexis Scott

Morris Alvarado

Barry Coats

Charles Williams

Franklin Tyler

Brian Pruett

Wendi Evans

Nakia Merritte

Thomas Gafford

Adam Darling

Jerry Bergthold

Luis Lopez

Jennifer Splichal

Larry White

Richard Stebelski

James Byrne

Geroge Seabrook

Robert Wozencraft

Michael Bullitt

Allieson King

Kent Hightower

Donald Monroe

Christopher Florendo

Gary Garcia

Kent Hightower

Sammie King

Alex Williams

Hugh Morgan

Albert Ellis

Raul Ramirez

Tedd Shelton

Paul Stanford

Howard Van Noy

Darrell Wilson

Lorinda Carr

Michael Levine

Clarence Walton

Thomas 'Nate' Turner

Donald Howard

Robert Poffinbarger

Paul Martinez

Jose Perez

Javier Barraza

Kerry Reyna

Johnny Treadwell

Carlos Ramos-Moll

Josue Lopez

Patrick Ozborn

Alfredo Ramos

Jason Mead

Ulysses Wicker

Joe James

Gregory Rosales

Thomas Taylor

Harold Brown

Tammy Renfro

Donald Stepp

Victor Galan

Justin Simon

Anthony Stewart

Jermaine Lewis

Thomas Dufilho

James Coleman

Max Harman

Bruce Bingham

Bobby Stanley

Federico Alvarenga

Louis Portela

Gabriel Diaz De Leon

Kevin Kuddes

William Chavez

Richard Warner

Thomas Slagle

Marshall Hicks

Jan Winners:

Feb Winners:

Mar Winners:

Charles Mitchell

Richard Vigil

Albert Ellis

Dennis Brooks

John Sanchez

Kerry Reyna

Richard Carson

Benny Reynaga

Victor Galan

Sean Nguyen

George McEntyre

Anthony Stewart

Roy Curry

Bryan Pruett

James Coleman

Membership Rewards Program

Hello Texas Paralyzed Veterans of America Members! Your BOD just implemented a new membership rewards program. It's a very simple program. During your birth month, just contact the Chapter Office or one of your Board of Directors and let them know you want to participate. At the end of each month a drawing will be held, and five lucky members will each receive a gift card worth \$200 to spend however you wish.

As long as you're on the phone with us, let us know how you're doing. Get an update on the latest Chapter news and events. You can also make sure your phone number and address are up to date. Remember we're an organization made up of members trying to help other members. We need to know who you are, where you are and what kind of concerns or ideas you may have. Plus, you may be able to volunteer some time with us.

Remember if it's your Birthday Month, all that it takes for a chance at a \$200 Birthday gift is just a phone call. If you don't call in, you won't be entered.

Chapter office 713-520-8782 info@texas.pva.org

Bruce Kuker 210-632-0495 bwkuker@gmail.com

HAPPY BIRTHDAY



San Antonio, Texas

Adaptive Golf Clinic through the Stand Up and Play Foundation

San Antonio

This clinic is designed to get wheelchair and severely mobility challenged

Individuals standing and swing golf clubs.

All individuals, no matter what your experience with golf are encouraged to register.

Dates and Times:

2nd Friday of the month Topgolf 10-12

5539 N Loop 1604 West, San Antonio, TX 78249

3rd Friday of the month Mac Wylie Golf Center 10-1

9701 Rochelle Road, San Antonio, TX 78240

Registration: Jeffrey Ulrich, PGA jauskigolf@yahoo.com 214-208-3040



Ongoing Sports Practices

Archery Tuesday

1pm-3pm

Archery HQ

Boccia Wednesday

1pm-3pm

SCI Rec Room

Bowling Thursday

11am-12pm

The Lanes at Oak Hills

Trap Shooting Thursday

1pm-3pm

San Antonio Gun Club

Air Guns Friday

10am-11am

SCI Rec Room

9 Ball & Table Tennis Friday

1pm-3pm

SCI Rec Room



chill -n- chat

Relax. Connect. Be Heard.

Need a safe space to
unwind and talk it out?

Join us for PVA Chill N' Chat—
a laid-back, supportive conversation
space where members can connect,
share experiences, and just be.

What to expect?

- Casual, judgment-free conversations
- Supportive peer connection
- A chance to decompress and recharge
- No pressure—come as you are

 **When:** Wednesday, May 13, 2026

 **Time:** 6:00 pm – 7:00 pm ET

 **Where:** [Zoom](#)

 **Who Can Attend:** Open to PVA women members

 **Questions or RSVP:** Christi Hillman christih@pva.org

Houston parks and recreation-adaptive division scheduled events

West Gray weekly schedule

Monday

1pm-2pm Bocchia

5pm-7pm developmental wheelchair rugby

7pm-9pm wheelchair basketball

Tuesday

1pm-2pm tabata Tuesday (adaptive fitness)

5pm-6pm beep baseball team fitness

6pm-8pm beep baseball practice

6pm-7pm prep wheelchair basketball skills and drills

7pm-9pm juniors wheelchair basketball

Wednesday

6pm-9pm wheelchair basketball

Thursday

10am-12pm cycling

1pm-2pm dance fitness

5pm-7pm VI fit

7pm-9pm wheelchair rugby

Friday

7pm-9pm wheelchair tennis

6pm-8pm wheelchair lacrosse

Saturday

9am-11am wheelchair rugby

11am-2pm power chair soccer

2pm-4pm deaf basketball

Become A Donor

**Annual contributions for
2026-2027 will be as follows:**

Platinum Donor	\$1,000 or more
Titanium Donor	\$500 - \$999
Gold Donor	\$250 - \$499
Silver Donor	\$100 - \$249
Bronze Donor	\$5 - \$99



2026-2027 DONOR CLUB as of April 2026

Platinum: Greater Houston Community Foundation, Ameriprise Financial, Amazon Transportation, Maxwell Medical Services Inc, Johnny Godwin, CFC TASC, SCI of San Antonio Alamo Chapter, Scott E & Elisa Caudill, Heritage Linehaul & Trucking Inc, Burns & McDonnell, Jim Baccus, The NRA Foundation, Johnny & Sonny's Glass, Jose Laguna, Damian Gomez, Patricia Buckley, Thomas A West, Paxton Arms LLC, Skinner Family Charitable Fund, Michael Lynch, & Christopher Greenwood.

Titanium: Ekso Bionics, Inc, Summer Chesson, Marcus, Paula Barnett, Area Real Estate, LLC, Pedal Guerrero, HEAL SCI, Bruce W Kuker, Frank R Daebelliehn, Steven Mack, Maryann Trujillo-Hanford, Alvin Guerrero, Ronald McAnally, New Braunfels Area Quilt Guild, Jason Bussin, AMS Vans, LLC, Barbara Slaughter, Anonymous Donors, Martha J Trudo, & Leslie Odmark.

Gold: Lone Star Chapter PVA, BBGF-Wells Fargo Payments, Jesse Aldridge, True Vine Missionary Baptist Church, Eric Deleon, Timothy Crank, Tym & Gerry Kelley Charitable Fund, John Lynch, Onward Medical, Richard Carson, Chuck Poole, Michael Del Soldato, Zach Jones, Scott Smith, Jesus Yanez, Manuel Sancillo, Josue Lopez, Fernando Keller, Judy J. Walker, Dr. Ewa M Thompson, Gary P Smith, Alamo City Chocolate Factory, Morgan Stanley, Mr. & Mrs. Philip B Green, & American Endowment Foundation.

Silver: David Hall, Gary Standley, Thomas Thrash, William Davis, Steve Lambert, Mr. Watts, Clayton Coufal, Anthony Harkins, Daniel & Kristi Montague, Juan Saenz, Philip Tereskiewicz, Ms. Marion Bell, Karen Stegmann, AMD, Jose G Laguna, Robin Allshouse, Daniel Rich, Matthew Holcomb, Mattar Family, Suzanne Gates, William Burress, Benjamin Arreguin, John Branum, Ronald Castillo, Linda K Worley, Gabriel Fernandez, Charles Poole, Mark A Hancock, John Sands, Brenda Bonnette, Matthew Towne, Lisa Clark, David Bradshaw, PayPal Charitable Giving Fund, Logan Shaw, Cathy Hastings, Amanda Saunders, Rick & Anna Trish McDaniel Fund, Michael T. & Nancy E. Hanley, Irma Pennington, Brandy Sausse, Jose G Pena, Joe Joseph, Joan R Isaac, Robert Ramirez, Jenny Mak, Henry Kister, Michael & Laurel M Crump, Alice Sutton, Barbara McDonald, Nishidha Kumaresan, Herman O West Foundation, Maciej Kafel, Ty Tillman, Jennifer Sansbury, Tad M Grenga, & Laurie Stiteler.

Bronze: CAF America, Eli Case, Judith A Oliver, Dudley Weber, Bill L Starr, Jeanne Phelps, Juana Pagel, Marie Mihail, Michele Buetti-Weekly, Carlos Galindo, Toribio Samaniego, Leon Giles, Sandra Vasek, Heather D & Rufus H Jackson, Brian & Druann Bosien, Scott Fitzgerald, Winfred Perry, Ms. Hartle, BBGF-PWC US & Payments, Matthew Roque, Tim or Sandy Gantick, Kostas Lambrakos, Daryl Hall, Christopher Hagelin, Marty Purcell, David N Shirey, Sharon Harris, Edward Gray, Bruce & Becky Brown, Billy H & Marguerite R Cameron, Bret Meyer, Laurette Escobar, Toyota Co, Elizabeth Pena, Richa Devlugt, D.J. Byler & K.L. Byler, Cynthia Suniga, Community Marketing Partnership, Bryan Dyck, Carolyn Shelton, Robert M. & Judith L. Abbey, Pavel Brusilovskiy, Darcy Overton, Daniel Stodghill, Manuel Fustes, Veronica Espinosa, Susan E Lambert, Ron Payne, Lorraine Gibson, Hashinto Takeshi, Judith Oliver, Cynthia Hernandez, Lee Boone Design, Razhane Taylor, & UK Online Giving Foundation.



Mobility Device Repair Services for US Veterans, enrolled in VA care.

Currently offered for Veterans who receive VA Healthcare at the following facilities:

Biloxi, MS (Gulf Coast) • Fayetteville, AR (Ozarks) • Houston, TX • Jackson, MS
Little Rock, AR (Central Arkansas) • New Orleans, LA (Southeast Louisiana)
Pineville, LA (Alexandria) • Shreveport, LA

Do you have a custom manual wheelchair, powerchair, or scooter that was provided by the VA and is in need of repair?



Call: 1-888-583-VETS (8387)

“No consult or appointment required. We'll take it from here!”

Veterans Affairs has partnered with Scoataround, the nation's leading personal transportation solutions company, to provide a single point of contact for the repair of US Veterans Affairs issued wheelchairs, powerchairs, and scooters. This best-in-class repair service provides US Veterans with access to fast and efficient repairs and superior customer service.

Submit a repair request through Phone or Web:

Toll-free:
1-888-583-VETS (8387)

Online 24/7:
scoataround.com/va

Weekdays:
8am to 6pm EST & PST

Weekends & Federal Holidays:
10am – 6pm EST / 7am – 3pm PST

or

Scan QR code
with your
smartphone
camera:



Once you've submitted your repair request, Scoataround will reach out and arrange a time and location to complete the repair.



Personal
Transportation
Solutions

VA



U.S. Department
of Veterans Affairs

February 2026 - Texas PVA Chapter along with the SCI RN staff worked together to provide improved Personal Hygiene items to our Brother & Sisters that are In-patients within the ALM VA SCI Unit. Together we can make a difference for our Brothers & Sisters. Volunteers are always needed for Peer Support related activities within all of our VA Hospitals.
 Submitted by: Bruce Kuker



**CLASSIFIEDS / SERVICES / ANNOUNCEMENTS
 ADVERTISE WITH THE SPEEDY GAZETTE!**

All submissions for the Classified Section of the SPEEDY GAZETTE must be submitted to the TPVA Office no later than the 1st of the month. The charge is \$15.00 for 15 words (each additional word is \$.25 cents). Payment must accompany the ad. If you are a member in good standing with TPVA, you may place a 15-word ad for FREE! An incentive of a 10% discount applies on ANNUAL commitments.

Display Advertisements: to offset some of the cost of printing and mailing the SPEEDY GAZETTE, the following ad rates apply:

SIZE:	MONTHLY:	ANNUAL (Approximately 6 issues per year):
Business Card	\$20.00	\$120.00 less 10% = \$108.00
¼ Page	\$30.00	\$180.00 less 10% = \$162.00
½ Page	\$55.00	\$330.00 less 10% = \$297.00
Full Page:	\$125.00	\$750.00 less 10% = \$675.00

Please call 1-800-933-4261 or 713-520-8782 (EXT. 4) to place a Display Advertisement or Classified Advertisement and watch your business get noticed!

Wheelchair football will be on Wednesday nights from 6:30-8:30 at Morgan's Wonderland Sports Complex on September 6th. This sport will be from September- December.

Wheelchair Soccer will start on 14 Aug. At Morgan's Wonderland!! Monday nights from 6-8:30

Point of contact

Merritte, Nakia
merritte101@gmail.com
931-237-2039



Hi, I'm Armando De La Rosa, a licensed Realtor with LPT Realty, proudly serving clients in the San Antonio area and its surroundings. My mission is simple: to help individuals and families find the perfect home—one that matches their lifestyle and unique needs.

I specialize in residential real estate and have built strong relationships with home builders throughout San Antonio, particularly in facilitating ADA (Americans with Disabilities Act) modifications for veterans and individuals with mobility challenges.

In collaboration with a trusted network of contractors, I ensure homes are not only beautiful and functional but also **accessible**. From widened doorways to roll-in showers, we focus on making your home truly work for you.

With extensive experience assisting veterans, I'm well-versed in VA programs, including:

- Specially Adapted Housing (SAH) Grant
- Special Housing Adaptation (SHA) Grant
- Home Improvements and Structural Alterations (HISA) Grant
- VA Home Loans

I'm here to be your advocate, advisor, and partner in real estate — whether you're buying your first home, modifying an existing property, or exploring options across borders. Let's connect and create a plan tailored to your goals and needs.

Armando De La Rosa
LPT Realty
210-577-3253/ armando78dlr@gmail.com

Houston TPVA Membership

Dear Fellow TPVA Members,

My name is Juan Banda, your Houston Satellite Director and a proud TPVA Life Member since 1988. Over the years, I've had the privilege of serving on the TPVA Board of Directors and volunteering in many capacities to support our community.

Lately, I've noticed a significant decline in participation from our local TPVA members—and that's something we want to change. Staying connected is important, not just for fellowship, but for strengthening our voice and supporting one another.

Texas PVA hosts a luncheon for patients in the SCI unit every third Wednesday of the month. We would like to warmly extend this invitation to all local TPVA members as well. This is a great opportunity to reconnect, share experiences, and build a stronger community together. We will begin serving meals to patients at 11:30 a.m. The membership meeting will follow, with lunch immediately afterward.

Please be sure to RSVP by calling the Texas PVA office at (713) 520-8782.

Your RSVP is very important—it allows us to plan accordingly and ensure that a meal is prepared and available for you.

Please note that we are currently only able to accommodate members who have their own transportation.

We truly hope to see you there every third Wednesday of the month. Your presence matters, and together we can make our local TPVA community stronger than ever.

Warm regards,

Juan Banda

Houston Satellite Director



Sportsman's Challenge 2026 Recap

By Steve Holbert

Every year I say the same thing—don't miss this event. And every year, it proves me right.

The 2026 Sportsman's Challenge was another outstanding success, bringing together nearly 30 veterans for a day of competition, camaraderie, and time outdoors. What stood out even more this year was the participation of a couple of disabled kids who stepped up and gave several of the events a try. That alone captured the true spirit of what this event is all about—opportunity, inclusion, and determination.



For those new to the Sportsman's Challenge, the competition features five disciplines: rifle, pistol, archery, tomahawk throw, and shotgun. Participants get five shots in each event—except for shotgun, where ten shots are taken at clay pigeons for a possible perfect score of ten.

Rifle is shot at 100 yards, pistol at 7 yards, archery at 20 yards, and tomahawk at approximately 12 feet. Scoring is based on accuracy, with each shot earning 0, 1, or 2 points depending on proximity to the bullseye. The shotgun event is scored by hits only—one point per clay. Top scores in each individual event earn prizes, while the highest combined total score takes home the title of **Champion**.

But the day isn't just about competition. Between generous door prizes and a well-earned post-event fish fry, everyone walks away with something—at the very least, a full belly and a great experience.



The weather cooperated perfectly this year, making for an enjoyable day despite slightly soft terrain from recent rains. Even so, the course remained accessible. With golf cart-style transportation available between stations, participants who can transfer in and out had no trouble navigating the event. I used a manual chair myself and had no issues getting around.

A huge part of the event's success comes from the volunteers. With around 20 people on hand, there was always someone ready to lend a hand wherever it was needed. No one was left on their own.

This year also saw support from corporate sponsors, who contributed some outstanding prizes. I was fortunate enough to come out on top as the overall Champion and took home a Vortex Defender-XL Micro Red Dot sight, a Cabela's gun cleaning kit in an aluminum case along with a nitrogen sealed can of 22LR —a great reward for a competitive day.

Events like this don't just happen—they're built by good people, strong support, and a shared passion for getting outdoors and challenging yourself.

If you missed it this year, don't make that mistake next time.



State of Texas Emergency Assistance Registry (STEAR)

The State of Texas offers the option to register with the STEAR program, a free registry that provides local emergency management planners and responders with information related to your needs during an emergency.

Who Should Register?

- People with disabilities
- People who are medically fragile
- People with functional needs such as:
 - Limited mobility
 - Communication barriers
 - Require additional medical assistance during an emergency event
 - Require personal care assistance
- People who require transportation assistance



Register online at
Stear.tdem.texas.gov



Call 2-1-1 or use your video
phone relay option of choice

State of Texas Emergency Assistance Registry

Please respond to VEText emergency/disaster updates, by either requesting a contact from VA Staff if needed or letting us know you are safe and do not need to be contacted. There will generally be VEText contacts before and after the natural disaster.

We encourage Veterans to respond to VEText appointment reminders. If you need to reschedule an appointment, please respond to the VEText reminder message, and/or contact the SCI Clinic at 713-794-7057. This ensures your appointment needs are met and allows other Veterans to be scheduled during all available appointment time slots.

Hi
At the Killing Clays tournament, I enjoyed speaking with our guests who participated. I enjoyed sharing the story of Texas PVA and explaining the values the organization represents. It is essential to present the TPVA narrative in an engaging and appropriate manner. I received numerous insightful comments. Here are photos from my recent TPVA Killing Clays Shoot. I encourage you to sign up for as many TPVA/PVA sports as you can.

See Something Say Something!
Kerry

Kerry Reyna
National Board of Directors
WVER
TPVA Government Relations





FREE CMA

Curious about what your home is really worth?

We offer a free, no-obligation home valuation report to help you determine your home's current market value. Whether you're thinking about selling or just want to know where you stand let us help you make informed decisions with confidence!

HEROIC

REALTY GROUP
lpt realty
REAL ESTATE REIMAGINED

PLEASE CONTACT US

P: 210.577.3253

E: Armando78dlr@gmail.com

San Antonio Sports Practice:

Air Guns- Fridays at 10am in the SCI Rec. Room

Bowling- Thursdays at 11am at the Lanes at Oak Hills

Boccia- Wednesdays at 1pm in the SCI Rec. Room

Trap/Sporting Clays- Thursdays at 1pm (Membership Meeting Days) at San Antonio Gun Club

TEXAS
VETERANS NETWORK
POWERED BY COMBINED ARMS

January - December 2024

MONTGOMERY COUNTY VETERAN MOBILE FOOD PANTRY

The Ark Church
Secondary Parking Lot
450 Humble Tank Rd,
Conroe, TX 77304

VETERANS & SERVICE MEMBERS
 Join us and receive food for you and your family and get connected to loads of resources!!

To register visit: www.combinedarms.us/mocofoodpantry
 or

SCAN TO REGISTER



EVERY 3RD THURSDAY OF THE MONTH 4p-6p

IN NEED OF RESOURCES NOW OR HAVE QUESTIONS? CALL US! 1-844-489-8387

These institutions are equal opportunity providers

Veterans Crisis Line
 DIAL 988 then **PRESS 1**

MENU

- How We Help ▾
- Signs of Crisis
- Resources and Support ▾
- About ▾

Dial 988 then Press 1

Chat

Text

FIND SUPPORT

Benefits Helpline: 1-866-734-0857

Veterans Crisis Hotline: 988 , Press 1

Women Veterans Hotline: 1-855-829-6636

Caregiver Support: 1-855-260-3274

Donor Hotline: 1-800-555-9140

PVA is a 501(c)(3) tax-exempt, non-profit organization

Federal Tax ID number 13-1946868

Chartered by United States Congress

Help Starts Here



Call  2-1-1
Free • Confidential • 24/7

Serving the following counties:
 Atascosa | Bandera | Bexar | Comal
 Frio | Gillespie | Guadalupe | Karnes
 Kendall | Kerr | Medina | Wilson

2-1-1 Texas/United Way Help Line
 is a public/private partnership between the Texas Health and Human Services Commission and United Way of San Antonio and Bexar Counties.

If you or someone you know needs:

- Food
- Clothing
- Health care
- Employment
- Child care
- Elder care
- Utility/bill assistance
- Counseling/mental health
- Adult literacy
- Drug treatment
- or many other services

Call 2-1-1 or 210.227.4357

Peer Partners

In order to be an SCI peer partner, you must meet the following criteria:

someone who has been living with a spinal cord injury for at least 6 months, is now reintegrated into their community, productive in their daily life, and has completed a training program preparing him/her to visit another individual facing a similar experience. A Peer Support (PS) agrees to:

- Serve as a role model
- Offer emotional support and maintain confidentiality
- Provide information about the resources available locally and nationally
- Serve as a conduit to a contact person on the Peer Support Program team at the Michael E. DeBakey VA Medical Center; this person will follow through with any needed referrals

A PS is a sensitive listener who will use their communication skills to facilitate the New SCI veteran's own recovery and self-exploration so that they may make good decisions for themselves.

If you are interested in becoming a PS, please email Sonia Suarez at Sonia.suarez@va.gov. Those interested in being a PS will have to go through an interview process with MEDVAMC SCI team, complete training through VA's Volunteer Program, and sign in and out when visiting with inpatient Veterans at the hospital.



Are You Interested?

We are in need of SCI Veterans interested in becoming Peer Partners to our SCI Inpatient Veterans.

Please reach out to Heidi Candler for more information at
#281-513-3260

**MONTHLY
CYCLING CLINIC**

**2ND WEDNESDAY
OF EVERY MONTH**

**9 AM AT MCALLISTER
PARK IN THE BIG
PARKING LOT BY THE
DOG PARK**

For details email Jenn
jenn@texasparasport.org

ALS CLINIC

The ALS Clinic is scheduled for ALS patients only, but they will do their best to help assist emergency walk-ins. They can do that through the Emergency Room, Neurology, Pulmonology, and the other discipline clinics as well.

The Clinic is held on Mondays from 1:00 - 4:00 pm in the Michael E. DeBakey VAMC SCI Ward Outpatient Clinic.

For Veterans to get on the ALS Clinic schedule, Veterans must be enrolled in VA Health Care, then contact ALS Clinic Coordinator NP Richel Aliboso 281.660.7538 or email Richel.Aliboso2@va.gov

Also, Veterans can contact me since I attend the Clinic every week.

Gregory T. Treacy
Senior National Service Officer
Paralyzed Veterans of America
6900 Almeda Rd. Room 1028
Houston, TX 77030
RingCentral Phone/Fax/Text: 202.416.1011

Paralyzed Veterans of America
Texas Chapter
P.O. Box 989
Crosby, TX 77532

Non Profit Org.
U.S. Postage
Paid
Crosby, TX
Permit # 4



99476



**Paralyzed Veterans
of America**
Vehicle Donation Program

**Turn Your Used Vehicle Into Support
for Paralyzed Veterans of America**

We'll use the proceeds from the sale of your car,
truck, RV or boat to change lives and build brighter
futures for our seriously injured heroes.

To learn more, call or visit us online:
877-900-VETS | pva.careasy.org