

Speedy Gazette

"Improving Lives... Building Futures"



PVA

Paralyzed Veterans of America

Texas Chapter

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June 2024





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Message from Frank Daebelliehn, Chapter President



Good day to all my PVAT Brothers and Sisters, “The Heat is on” please check all systems are a go. With our HOT summer starting up please keep an eye on your AC, a service is recommended to keep the AC running at its peak. Change the filter to also save on your electric bill. I have heard several ways to know when to change your AC filter. I change it every 30 days (small price to pay for a clean filter) other say 2 to 6 months. It all boils down to the environment you live in, with me being in the country we get a lot of dust that builds up fast. In the concrete jungle there is less chance for dust to build up on the filter. Inspecting the filter to see if you can see light through the filter is a good rule of thumb. No light

(by holding it up to the light to see if the light can shine through) than change the filter.

Prep now for the Hurricane season. Have a plan to get out or to hunker down, if you plan to stay in place have provisions to sustain yourself and plenty of water as well. Don’t forget to plan for electricity outages as well. I pray we don’t get hit with one but one never knows what mother nature has planned for us this season.

We are starting to look at the budget for the next fiscal year. If you would like to see any changes in the budget, please email the office with any ideas you may have.

If you are dive certified and would like to see a dive program started in the chapter. Please email me (frankd@texaspva.org) I want to look at other sports for our members and with the heat of summer why not spend some time in the water to stay cool. If you are not dive certified, we can look at and discover scuba to be set up with Life Waters.

NVWG are in full swing, we have 18 members set to attend, we hope all you members bring back “Gold”. Let’s go show the other chapters what Texas is made of. Pictures and stories are always welcome upon your return. All stories published in the newsletter earn you 10 points toward alternative sports, and you can see yourself published in the newsletter.

One Team, One Fight

Thank you all

Frank Daebelliehn

President

PVA, Texas Chapter

A Message from our Executive Director

Hello Texas Chapter Members and Friends,

I hope this message finds you well and your summer is off to a great start! Speaking of summer, temperatures are already sizzling in south Texas and the summer has just begun. Forecasts are predicting a rainy summer and active hurricane season. Please be prepared for flooding, tropical storms and hurricanes.

On May 4th & 5th we hosted a PVA Air Gun Clinic for 8 individuals. The clinic was instructed by Marco De La Rosa. We hope to have room for several more participants at next year's clinic. On May 8th we hosted a PVA Wheelchair Bowling Tournament. We had a good turnout and ended up with 22 participants. We are planning another tournament April 30th – May 2nd, 2025, to coincide with Fiesta in San Antonio. Be on the lookout for information about a PVA Pickle Ball Tournament to take place in November. Later in May Frank and I attended the PVA Annual Convention in Minneapolis, MN. Anne Robinson was elected PVA National Vice President and Tammy Jones was elected PVA National Senior Vice President. Congratulations!!

On June 10th we hosted our Annual Flag Day Fishing event down in Corpus Christi. 13 members participated but the time on the water was cut short due to severe weather in the area. The anglers still had a great time! June 11th – 14th was PVA's Advocacy/Legislative Seminar and Kerry Reyna and Frank Ellis attended to represent the Texas Chapter. On Saturday, June 15th they had the honor of participating in a Wreath Ceremony at the Tomb of the Unknown Soldier at Arlington National Cemetery. I would absolutely love to see the Wreath Ceremony in person sometime in my lifetime!

Save the date – Our Annual Jack Sanders Banquet will take place at the Magnolia Halle in San Antonio on Friday, October 11th. Submit your nominations for Houston and San Antonio Volunteer of the Year and VA Employee of the Year, Excellence Award, Spirit of the Games Award and Jack Sanders Award.

As a reminder we have our Annual Recreational Reimbursement of \$120 and our Lady Spa Days up to \$300 annually. Please let me know if you have any questions about either.

Please reach out at any time if I can be of assistance to you.

Wishing you a safe and Happy 4th of July!

Amanda





Texas Chapter's National Vice President
Liaison Josue Cordova



Tammy Jones PVA National Senior
Vice President



Anne Robinson PVA National Vice President



2024 EVENT SCHEDULE



Note: ** means this is not a PVA-sponsored event.

Air Guns

- **Wisconsin Air Gun Tournament**
March 8-9, 2024
Milwaukee, WI
- **Texas Air Gun Tournament**
May 4-5, 2024
San Antonio, TX

Bass Fishing

- **Citrus Slam Bass Tournament**
Hosted by Florida Gulf Coast PVA
April 5-7, 2024
Kissimmee, FL
- **Bluegrass Bass Bash Bass Tournament**
Hosted by Kentucky-Indiana PVA
April 19-21, 2024
Kuttawa, KY
- **Capital Clash Bass Tournament**
Hosted by PVA National
June 7-9, 2024
LaPlata, MD

Billiards

- **Mid-Atlantic Billiards Tournament**
March 15-17, 2024
Midlothian, VA
- **Mid-America Billiards Tournament**
May 23-24, 2024
Oklahoma City, OK

Bowling

- **Nevada Bowling Tournament**
November 30 - December 3, 2023
Las Vegas, NV
- **Florida Gulf Coast Bowling Tournament**
January 31-February 2, 2024
Tampa, FL
- **Texas PVA Bowling Tournament**
May, 8 2024
San Antonio, Texas

Boccia

- **Bayou Boccia Tournament**
February 2-3, 2024
Gulfport, MS

Paracycling

- **PVA Racing High Performance Racing Camp**
January 28-February 4, 2024
Brooksville, Florida
- **Swamp Classic****
February 3-4, 2024
Gainesville, FL
- **Valley of the Sun Stage Race****
February 17-18, 2024
Phoenix, AZ
- **PVA Pocahontas Off-Road Spring Camp**
April 10-14, 2024
Chesterfield, VA
- **PVA Off-Road Classic (PVA Off-Road Race)**
April 13, 2024
Chesterfield, VA
- **PVA Paracycling Learn to Race Camp**
June 21-22, 2024
Milwaukee, WI
- **US Paracycling Road National Championships**
(PVA High Performance Team)
TBD 2024
Location TBD

Trapshooting

- **Cal-Diego Trapshoot**
March 22-24, 2024
Redlands, CA
- **Vaughan Trapshoot**
May 24-26, 2024
Elburn, IL
- **Wisconsin Trapshoot**
June 7-9, 2024
Green Bay, WI
- **Iowa Trapshoot (Year End)**
June 21-23, 2024
Cedar Rapids, IA

Non-Series Events

- **PVA Rugby Invitational**
January 11-14, 2024
Louisville, KY
- **National Veterans Wheelchair Games**
July 25-30, 2024
New Orleans, LA

Volunteers Needed for...

Research study on people with SCI who have experienced difficult or abusive relationships in the past

You may be eligible if you:

- ✚ Have had a traumatic spinal cord injury (SCI) for at least one year
- ✚ Are at least 21 years of age
- ✚ Have experienced difficult relationships, mistreatment, or neglect since sustaining your SCI
- ✚ Have had those experiences in the past but not in the past 12 months
- ✚ Have access to a smartphone or computer with Internet connection
- ✚ Are able to communicate and answer questions in English
- ✚ Live in the U.S.

Eligible participants will be asked to answer questions about themselves and then schedule and participate in an individual interview in Zoom about their health, safety, and difficult relationship experiences. Participants will receive a small payment for their time.

Contact Jessica Rodriguez for more information and to find out if you are eligible.

Phone: 713-797-7245

Email: SCIPStudy@uth.tmc.edu

OR **Scan the QR code** to provide your contact information



The study is funded by the Department of Defense (DOD) Spinal Cord Injury Research Program (SCIRP). The study is conducted by TIRR-Memorial Hermann's Spinal Cord Injury and Disability Research Center (SCIDR) in Houston, Texas in collaboration with investigators affiliated with the University of Texas at Houston Health Science Center, and the University of Montana.



This is not VA research, will not be conducted by VA, has not been reviewed by VA's Institutional Review Board, and is not endorsed by VA. VA is not responsible for any costs incurred by a Veteran if the Veteran enters the study as a research subject. The announcement is being provided for information



UTHealth Houston IRB NUMBER: HSC-MH-23-0676
IRB APPROVAL DATE: 03/21/2024

DAVID GRAHAM Digitally signed by DAVID GRAHAM
Date: 2024.04.01 08:50:20 -05'00'

Board of Directors Contact Information

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Juan Reyes: jreyes@texaspva.org/ Phone #210-618-6359

Zach Jones: jreyes@texaspva.org/ Phone #661-435-3324

Texas State Time Trial (20K & 40K) Championships

May 11, 2024

Hempstead, TX

PVAT Members Bruce K = Recumbent &

Robert L= C Class continued with our Chapters HIGH STANDARDS, by securing 1st Place in thier respective Categories.

This USA Cycling event has Multiple Adaptive Cycling (SPC) Categorys and encourages our participation.

Thank You - Organizers for keeping these slots available and the Hempstead Police Force, EMS for a safe & fun event.





WELCOME NEW MEMBERS

Kevin Y. Figueroa
Bruce Vogt
Richard J. Stebelski
Bruce R. Bingham
Christopher Tiroff



REST IN PEACE

Lorenzo Thompson Jr.

2025-2027 Election Results

President:

Frank Daebelliehn

Secretary:

Bruce Kuker

Board Member #1:

Gabriel Diaz De Leon



Has
Joined



TO BECOME THE LARGEST MOBILITY DEALERSHIP IN TEXAS WITH 10 LOCATIONS!

Let United Access help you get on your way, because your mobility is our mission

- ✓ New & Pre-owned Wheelchair Accessible Vehicles
- ✓ Accessible SUVs, Minivans and Full Size Vehicles
- ✓ Scooter & Wheelchair Lifts
- ✓ Power Transfer & Lift Up Seats
- ✓ Hand Controls & Steering Devices
- ✓ High Tech Driving Systems
- ✓ Wheelchair Accessible Van Rentals



We're here to help!

Call us today or stop by and take a test drive.



877-501-8267
www.unitedaccess.com



Proud Supporters of the



**Paralyzed Veterans
of America**





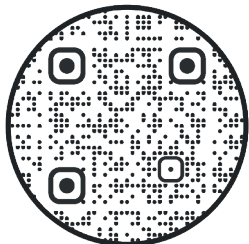
Ekso Indego® Gets Veterans Walking Again

Eligible veterans can receive an Ekso Indego exoskeleton at NO COST!

Ekso Indego Personal

What is Ekso Indego?

Ekso Indego is an FDA-cleared, powered exoskeleton worn around the waist and legs that enables individuals paralyzed from spinal cord injuries (level T3-L5)* to stand and walk, offering a new level of independence.



Scan with your phone for more information on how you could receive your own Ekso Indego Personal.

Getting Veterans with SCI Back on Their Feet

A recently revised VA policy allows Ekso Indego to be issued to qualified veterans at no cost.**

- Walk at home and in your community
- Improve your cardio & bone density
- Enjoy eye-level conversations again



Contact us to find out if you are eligible to receive an Ekso Indego at NO COST!

An evaluation by your provider at a SCI/D center is required to determine eligibility for use of the Ekso Indego Personal device



Proudly designed & assembled in the USA
www.eksobionics.com

* For full indications for use, visit: www.eksobionics.com/indications-for-use/

Donate your gently used clothing and household items to help support our chapter. Please be sure to mention you'd like your donation to benefit the TEXAS PARALYZED VETERANS. All donations are tax deductible. To schedule a pickup please call:

713-696-5500



Don't



Remove hangers, check the pockets and wash if possible. Don't forget we need shoes, purses, and accessories.

Even towels and bedding that are threadbare can have a second life as they are used for cleaning up, and recycling.

We continue to offer free, In Person, mental health counseling for military veterans and their families. We practice social distancing guidelines and have hand sanitizer available. We can also help with transportation needs with weekly bus passes.

Charles Jackson MA LPC
Licensed Professional Counselor
Healthy Minds, Healthy Heroes

American GI Forum – National Veterans Outreach Program
210-248-9933 Phone
cjackson@nvop-sa.org
206 San Pedro, Suite 201, San Antonio, TX 78205

Veterans when you sign up the tickets that you request will be at will call the day of event. This is all over the country and they have events like Disney on ice, monster trucks, nba, nfl, mlb, college sports, comedy shows, you name it.

Website: <https://www.vettix.org/tixer/my-account/login>

San Antonio membership forums will take place on the 1st Thursday of each month at 2 pm in the SCI Rec. Room

June & July Birthdays

<u>Bobby Barton</u>	Floyd Porter	<u>Kirk Black</u>	Victor Ventura
<u>David Metcalf</u>	Joseph Robinson	<u>Steve Copsey</u>	Roger Nelson
<u>Edward Rebeaud</u>	Rudy Ragland	<u>Shelitta Breland-Ray</u>	Roky Fernandez
<u>Daniel Hernandez</u>	Leslie Hester	<u>Kedgerick Smith</u>	Dillon Cannon
<u>Chauncey Spencer</u>	Mary Castro	<u>Lyn McCalister</u>	Wanda Youpee
<u>Lorenzo Thompson</u>	Douglas Reeves	<u>Timothy Taylor</u>	Steven Flemming
<u>Jim Harris</u>	Warren Tinseth	<u>Julio Gomez</u>	Stephanie Flores
<u>Ralph Healan</u>	Steven Hickam	<u>Jaime Garcia</u>	Carlos Nesmith
<u>Raymond Burford</u>	Glen Williams	<u>Johnny Carabajal</u>	Michael Crawford
<u>Norris Honeycutt</u>	Lemar Murphy	<u>Sean Barr</u>	Michael Johnson
<u>Larry Bates</u>	Julio Rodriquez	<u>Gina Paja</u>	Arthur Kabayev
<u>Hugh Pitts</u>	Barry Smith	<u>Orlando Cepeda</u>	
<u>Roy Inks</u>	Don Marshall	<u>Brent Norris</u>	
<u>Lonnie Wilson</u>	Carlton Brooks	<u>Christopher Raymond</u>	
<u>Robert Ray</u>	Willie Simmons	<u>Tanjaman Walker</u>	
<u>Don Haney</u>	Kirkland David	<u>Patrick Moore</u>	
<u>Jerry Sanders</u>	Ginger Rhodes	<u>Bennie Sullivan</u>	
<u>Lionel James</u>	Lawrence Benefield	<u>Roger Figg</u>	
<u>William Duckworth</u>	William Luper	<u>Joseph Bludeau</u>	
<u>Gilbert Ozuniga</u>	Moises Medrano	<u>Mario Galvan-Castro</u>	
<u>Gary Ogburn</u>	Randy Sendejo	<u>Kristopher Davis</u>	
<u>James Peevey</u>	Najla Switzer	<u>Talina Ferrell</u>	
<u>Gregory Clark</u>	Robert Webb	<u>Daniel Ebarb</u>	
<u>William Maier</u>	Cynthia Hernandez	<u>Colin Doyle</u>	
<u>Jerry Hall</u>	John Nappi		
<u>Jerome Apodackis</u>	Alvin Guerrero		
<u>Charles Robinson</u>	Charles Randolph		
<u>William Latham</u>	Catherine Callahan		
<u>William Jennings Jr</u>	Jack Fenton		
<u>David Luera</u>	Danny Scott		
<u>Rene Cardenas</u>	Diana Arias		
<u>Israel Yarchun</u>	Damon McDay		
<u>Robert Bagley</u>	Juan Maldonado		
<u>Gilberto Quinones</u>	Leah Groggett		
<u>Carol Havelka</u>	Tammy Jones		

April Birthday Raffle Winners:

1. Charles Jones
2. David Bradshaw
3. Terrence Young
4. George Kawanami
5. Calvin Greene





Presents
7th Annual Rolling Inspiration
Bowling Tournament



We are getting together to have an amazing event! And all are welcome!

Oak Hills Bowling Lanes on Saturday, July 20, 2024 with registration beginning at 10:50 AM and the tournament beginning at 11:00 AM. There will be 3 Divisions: Able Bodied, Wheelchair, Wheelchair Ramp with 1st – 3rd Place Medals.

Lunch will be provided at the venue.



Sign up before July 1st and guarantee to receive a correct size T-shirt!
Scan code for tickets and donations →



**For More Info Call or Email Chris Salas:
210-748-8586 Chris@rolling-inspiration.org**

Flag Day Fishing 2024



Nook Gustamante



Nook Gustamante & Jose Ibarra

Memorial Day 2024



Coffee Tuesdays



Coffee Tuesdays

Coffee & Pastries provided

Every Tuesday @ 9 am -11:15 am

SCI Rec Therapy Room

JOIN US IN WHEELCHAIR TENNIS



- No experience required
- Free practices
- Equipment provided
- Become a part of an amazing community
- All levels and mobility are welcome!



**Practices held every
Thursdays 7pm-11pm, &
Sundays 9am-11am**

**West Gray Recreational Center
1474 W Gray St. Houston, TX 77019**

Contact us!

ADAPTIVE ATHLETICS
at
UNIVERSITY of HOUSTON

  [uadaptiveathletics](#)

 uadaptiveathletics@gmail.com

 **Coach Gabe: (281) 256 - 5804**

A BIG PVA TEXAS Thank You for and to the San Antonio Gun Club for supporting our Chapter's Trap/Sport Clay Shooting Program. They are the newest recipient of the PVAT Banner to hang at their range. Their continued support of our weekly 5 stand and/or Para-Trap/Bunker practice is the main reason for our Shooting Program's continued success. Their ongoing support has yielded a few more serious novice Trap shooters but has also helped (our very own) Zach Jones fine tune his wheelchair shooting skills all while he advances throughout the Para-Trap/Bunker Circuit (Men's Open) Worldwide. Thus, proving that the SAGC's support to our Chapter is always 100% on target! sanantonio-guncub.com usashooting.org paralympic.org texaspva.org nra.org pva.org va.org



PVA Texas Chapter presented a \$100 Gift Card to Volunteer Asst Member Dennis W. (US Army) for Volunteering his GunSmith skills (and Cleaning) to the Chapter for the last 12 months. He is One of many Key reasons that our Adaptive Outdoor Shooting Programs are successful and have serviceable firearms. Dennis has been very active within the PVAT Shotgun Sporting program (mostly Sporting Clay Discipline) for numerous years. He also provides us Expertise and/or Coaching for Sporting Clays at the National Shooting Complex. nssa-nsc.org texaspva.org nra.org va.org



Wreath Ceremony Tomb of the Unknown Soldier, Arlington National Cemetery

The Texas Paralyzed Veterans along with the Long Star Paralyzed Veterans of America laid a wreath at the Tomb of the Unknown Soldier on Saturday, 15 June 2024. It was an honor of a lifetime and one that Steve Stevens, Government Relations, Lone Star Paralyzed Veterans of America, Frank Ellis, National Director, Texas Paralyzed Veterans of America and Kerry Reyna, Government Relations, Texas Paralyzed Veterans of America will ever forget. - Kerry Reyna



Air Gun Camp



Air Rifle (SH2) Gabe De leon (Navy, TX) 3rd; Jim Castaneda (Navy, TX) 1st; Armando Rodriguez (Navy, TX) 2nd



Air Pistol - Adessa Nolan, 3rd; Tyler Roberts (USAF, TX), 1st; Tom Caddell, (USAF, TX) 2nd

Texas PVA Air Gun Camp, 4-5 May
Johnson High School, AJROTC
San Antonio, TX

Rifle, SH1	40-round match		
1st	Toai	Nolan	408.4
2nd	Azalia	Sandoval	402.2
Rifle, SH2	40-round match		
1st	Jim	Castaneda	394.9
2nd	Armondo	Rodriguez	388.1
3rd	Gabe	De leon	371.0
Pistol, P1	40-round match		
1st	Tyler	Rogers	367.4
2nd	Tom	Caddell	311.7
3rd	Adessa	Nolan	273.8



Air Rifle (SH1) Toai Nolan (Army, TX) 1st;
Azalia Sandoval, 2nd

June 2024 Houston Parks and Recreation – Adaptive Programs
Metropolitan Multi Service Center (West Gray) 1475 West Gray, Houston TX 77019

Monday –

9am-10am Water Fitness Class
12pm – 1pm Line Dancing
1pm - 2pm Boccia
2pm - 4pm Air Rifle
6pm - 9pm Wheelchair Basketball
Summer league



Tuesday –

8am – 12pm Pickleball
6pm – 8pm – Kidz Night!
(Wheelchair sports)

Wednesday –

9am-10am Water Fitness Class
1pm – 2pm BINGO
4pm – 5pm Wheelchair Soccer
6pm – 9pm
Wheelchair Basketball Open Gym



Thursday –

6pm – 8pm Wheelchair Rugby
Summer Pickup Games
7pm - 9pm Wheelchair Tennis

Friday –

8am – 12pm Pickleball
9am-10am Water Fitness Class
12pm - 2pm Pool Volleyball
6pm – 8pm Wheelchair Lacrosse
7pm - 9pm Wheelchair Tennis



Saturday –

9am-11am Wheelchair Rugby
11am - 2pm Powerchair Soccer
2pm - 4pm Deaf Basketball
6pm – 8pm Wheelchair Tennis



Sunday – CLOSED

9am – 11am Wheelchair Tennis
(Facility Closed)

Chuck French | Administration Manager
Front desk 832-395-7333
charles.french@houstontx.gov

Hannah Walker | Recreation Facility Manager
Nolan Griffin | Recreation Therapist
hannah.walker@houstontx.gov www.houstonparks.org



Principal Investigator

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713.363.7949
dgsayenko@houstonmethodist.org

Study Coordinator

Jenny Dinh
346.238.6429
jtdinh@houstonmethodist.org

Houston Methodist Neurological Institute
Department of Neurosurgery
6560 Fannin St.
Houston, TX 77030

Website

sayenko.hmailabs.org



092023

IRB ID: PRO00037483 IRB Approved: 9/28/2023 - 3/27/2024

A large vertical poster for a clinical research study. The top half has a dark blue background with the Houston Methodist logo and the title "Spinal Cord Injury Participation in Clinical Research" in white. The middle section shows a photograph of a man in a blue shirt and a woman in a dark blue lab coat standing next to a piece of medical equipment, possibly a treadmill or gait belt. The bottom section features a large, stylized white letter 'M' on a dark background.

IRB ID: MOD00007233 IRB Approved: 4/25/2024 - 9/11/2024

What is the study?

Harnessing neuroplasticity of postural sensorimotor networks using noninvasive spinal neuromodulation to maximize functional recovery after spinal cord injury.

We will investigate how two types of spinal stimulation, lumbosacral **epidural spinal stimulation (ESS)** and **transcutaneous spinal stimulation (TSS)**, can help improve the ability to stand and control the lower limbs voluntarily during recovery.

Goals of the study:

We want to understand how the nervous system works in each person who receives TSS or ESS. Additionally, we want to determine how effective rehabilitation, combined with TSS or ESS, is in helping people regain their ability to move and use their muscles better. Participants will be randomized into treatment groups of TSS, ESS or Sham stimulation.

Interventions:

In this study, we will use two types of stimulation: TSS and ESS.

- TSS is noninvasive and involves placing adhesive electrodes on the skin to send electrical pulses that can improve muscle movement.
- ESS requires a small surgery to place an electrode lead in the lower back. An external device sends electrical pulses to the spinal cord to enhance muscle contraction.
- Stimulation intensity will be adjusted for comfort and safety and used only during study visits.

Participants will receive physical therapy combined with targeted stimulation. They will have three weekly training sessions for four weeks.

To understand how the brain responds to stimulation, we will use fMRI neuroimaging with a 3T MRI scanner to monitor structural and functional changes.

Commitment:

- All visits will be held at Houston Methodist Hospital in the Texas Medical Center.
- Participants will complete up to three sessions per week for 16-18 weeks, depending on what group you will be assigned, and each session will last an average of three hours.

Benefits:

- This research may allow for advances in the development of diagnostic tools that researchers and physicians can use to predict if TSS or ESS will be beneficial for an individual based on their needs.
- Participants will be compensated for their participation.

Risks:

- The study may involve skin irritation from recording or stimulation electrodes.
- There is a chance of discomfort from TSS/ESS.
- After ESS implantation, there is a risk of infection, migration of the leads and pain at the incision site.

Please contact a study team member for more detailed information about the associated risks.

Inclusion Criteria:

- Between the ages of 22 and 60 years old
- 1-16 years post-spinal cord injury
- Must be in stable medical condition
- Eligible for fMRI per safety questionnaire
- Neurological level of injury T2-T10

Please contact a study team member for more detailed information about the inclusion criteria.

Important Note: This research study is not Veterans Affairs' (VA) research and it is not done by the VA. This means that it has not been reviewed by the VA's Institutional Review Board (IRB). The VA will not cover any costs you may be responsible for if you decide to join this study. The intent of this brochure is to provide information.

IRB ID: PRO00037483 IRB Approved: 9/28/2023 - 3/27/2024

DAVID GRAHAM

Digitally signed by DAVID
GRAHAM
Date: 2024.05.14 13:50:49 -05'00'

IRB ID: MOD00007233 IRB Approved: 4/25/2024 - 9/11/2024



Are You Interested?

We are in need of SCI Veterans interested in becoming Peer Partners to our SCI Inpatient Veterans.

Please reach out to Heidi Candler for more information at
#281-513-3260

ALS CLINIC

The ALS Clinic is scheduled for ALS patients only, but they will do their best to help assist emergency walk-ins. They can do that through the Emergency Room, Neurology, Pulmonology, and the other discipline clinics as well.

The Clinic is held on Mondays from 1:00 - 4:00 pm in the Michael E. DeBakey VAMC SCI Ward Outpatient Clinic.

For Veterans to get on the ALS Clinic schedule, Veterans must be enrolled in VA Health Care, then contact ALS Clinic Coordinator NP Richel Aliboso 281.660.7538 or email Richel.Aliboso2@va.gov

Also, Veterans can contact me since I attend the Clinic every week.

Gregory T. Treacy
Senior National Service Officer
Paralyzed Veterans of America

6900 Almeda Rd. Room 1028
Houston, TX 77030
RingCentral Phone/Fax/Text: 202.416.1011
gregoryt@pva.org

TPVA Air Gun Introduction

I would like to express my sincere gratitude to Marco Delarosa for organizing our inaugural TPVA air gun introduction. The event was a resounding success, with a full turnout. It is regrettable that we lacked a larger venue to accommodate more members. I believe Marco has ignited a spark that will fuel our future endeavors. I eagerly anticipate next year's event. Please continue your efforts, Marco. Well done, my friend, and thank you for everything. We thoroughly enjoyed ourselves.

Best regards,

Toai Nolan



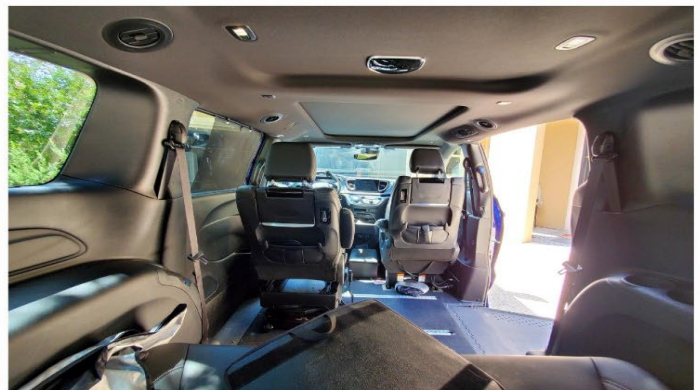


Vehicle for Sale

Member Gabriel Diaz De Leon is selling His 2021 Chrysler Pacifica. Please see below information and pictures.

- \$50,000
- Fully loaded panoramic sunroof
- DVD monitors in headrest
- Rocker style hand controls
- Driver 6-way power seat
- S appearance package w/20-inch wheels
- Built in rigid vacuum system
- Has a Rollx conversion
- Under 16,000 miles

Please Contact Gabriel Diaz De Leon (719)963-8992



Advocating in D.C.

The collaboration between the Lone Star and Texas Paralyzed Veterans of America was amazing. Out of 14 appointments-chatted personally with Senator John Cornyn and Congressmen Castro, Kerry Reyna, Crenshaw, Jackson and Congresswoman Fletcher.

Legislative priorities and discussion points:

1. Protect Access to VA's Specialized Health Care Services
2. Expand Access to VA Long Term Services and Support
3. Improve VA Benefits and Health Care Services for Paralyzed Veterans and their Survivors.
4. Protect the Civil Rights of People with Disabilities
5. Improve Access to Social Security Benefits
6. Increase Employment Prospects for Veterans with Disabilities.

-Kerry Reyna





Wichita Adaptive Sports

Adaptive

Cycling Racing is back in Wichita Kansas. June 2024 - Hand Cyclist and Recumbent Cyclist prepared their Trikes for 3 Days of Racing in the middle of the Country's heartland. An USA Cycling Sanctioned Time Trial 15k, 24 mile Road Race and 30min Crit filled the weekend. James Watson and the Wichita Adaptive Sports revamped their services and provided a Race weekend worthy of everyone's abilities. They created an atmosphere of teamwork, competitiveness with family values. Thanks to James, Tammy and Staff for putting together a top notch event that should be on every Adaptive Cyclist schedule. Wichitaadaptivesports.org texaspva.org pva.org paralympic.org pedalguerrero.com Wichitaadaptivesports.org



Wichita Adaptive Sports Race JUNE 2024 - 1st Race - Pedal Guererro SWAG Winner



Wichita Adaptive Sports - Cycling PVA Members

OG Club i.e. PVA Members throughout the County have been attending the Wichita Adaptive Sports Cycling Race for the past 8 years.



Ongoing Sports Practices

Archery Tuesday

1pm-3pm

Archery HQ

Boccia Wednesday

1pm-3pm

SCI Rec Room

Bowling Thursday

11am-12pm

The Lanes at Oak Hills

Trap Shooting Thursday

1pm-3pm

San Antonio Gun Club

Air Guns Friday

10am-11am

SCI Rec Room

9 Ball & Table Tennis Friday

1pm-3pm

SCI Rec Room

Empowering Veterans with reduced grip strength

Carbonhand is a 3-finger glove, with state-of-the-art technology using embedded pressure sensors and artificial tendons to enhance the grip.

For veterans with grip deficiencies due to neurological or orthopedic issues.



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www.bioservo.com/us/carbonhand

Scan to see one Veteran's experience: What would Carbonhand® do for your daily living? "It would change my life"



Your Texas VA Contact:
info@regulusmedconsultants.com or 210-701-0844



CLASSIFIEDS / SERVICES / ANNOUNCEMENTS

ADVERTISE WITH THE SPEEDY GAZETTE!

All submissions for the Classified Section of the SPEEDY GAZETTE must be submitted to the TPVA Office no later than the 1st of the month. The charge is \$15.00 for 15 words (each additional word is \$.25 cents). Payment must accompany the ad. If you are a member in good standing with TPVA, you may place a 15-word ad for FREE! An incentive of a 10% discount applies on ANNUAL commitments.

Display Advertisements: to offset some of the cost of printing and mailing the SPEEDY GAZETTE, the following ad rates apply:

SIZE:	MONTHLY:	ANNUAL (Approximately 6 issues per year):
Business Card	\$20.00	\$120.00 less 10% = \$108.00
¼ Page	\$30.00	\$180.00 less 10% = \$162.00
½ Page	\$55.00	\$330.00 less 10% = \$297.00
Full Page:	\$125.00	\$750.00 less 10% = \$675.00

Please call 1-800-933-4261 or 713-520-8782 (EXT. 4) to place a Display Advertisement or Classified Advertisement and watch your business get noticed!



Texas Chapter

Request for Event funding from TPVA

P.O. Box 989
Crosby, TX 77532
Fax 713-520-8217

Submit 30 days prior to the event application deadline

Members name _____

Members email, phone _____

Event participating in _____

Sports participating in _____

Do you have medical clearance to participate in this event? YES NO

Are you requesting funding from Texas Chapter, Paralyzed Veterans of America to participate?

YES NO

Will you be flying? YES NO

Will you be driving, license plate number/state? _____

Will you be taking a caregiver or spouse/partner? YES NO

Full name on ID _____

Type of wheelchair manual or power?

Width of wheelchair. _____

When booking hotel rooms list preferences accessible room (1,2,3)

_____ Accessible room - Roll-in shower

_____ Accessible room - w/bathtub

_____ Room with extra space and bathroom door removed

_____ King Bed _____ Double Bed

Do you need the bed raised, for lift use? YES NO

In order to receive funding from TPVA you must have 75 points accrued for the event. Points must be submitted to the Chapter office by 10th of each month. If you do not have 75 points accrued, you must submit a request to the Chapter or Sports Director to be considered for the Maginot Award. The Maginot award is a lottery drawing with all members who request it and then one (1) name is drawn.

signature

date

TPVA Fighting The Blues Fishing

The Paralyzed Veterans of America Texas Chapter along with Alamo Retriever Club organized a fishing outing on May 18th of 2024 for our members and their families. Our host Jamie Reed, who owns the ranch, greeted everyone as they arrived followed by several volunteers doing the same.

Immediately upon arriving everybody started grabbing their gear and preparing to catch blue hybrid catfish that TPVA bought from Henneke Fish Hatchery located in Hallettsville, Texas. They were nice enough to give us reduced rates and deliver the fish for free to help support and give back to our military community. Shortly after getting everything ready the action started.

Richard Carson managed to catch the first one, quickly afterwards several others commenced to do the same. Everyone caught heaps of hybrid blue cats, channel catfish, blue gill, largemouth bass and crap-pie. Over 50 fish were taken what a harvest!

To finish the day off the retriever club barbecued sausage wraps for all to enjoy during lunch and they also cleaned and packaged our catch. There was plenty for our members to take home and enjoy.

We will be planning another event at the same place in the fall. If you missed this one, please sign up for the next one. Please contact the chapter office for more information. Special thanks to all the volunteers and both organizations for making this biannual event a great success.

Alvin Guerrero



Archery HQ

I am pleased to inform you that we now have access to a new archery facility called Archery HQ. I would like to express my gratitude to Jose Laguna for bringing this opportunity to our attention.

Archery HQ is a family-owned business that offers a welcoming and friendly environment. While I cannot guarantee this information, I believe that all veterans are entitled to use the facility free of charge.

The facility is in New Braunfels, which may be a bit of a commute for some of us, as it takes me approximately an hour to get there. However, I assure you that the journey is worthwhile, as the facilities are truly remarkable.

If any of you share an interest in archery, I encourage you to reach out to Jose Laguna for further information.

Toai Nolan





VOLUNTEERS NEEDED TO MAN OUR BOOTH HOUSTON

AUGUST 2-4, 2024

NRG Center, Hall E

Fri. 11am-5pm | Sat. 11am-5pm | Sun 11am-4pm

Become A Donor

**Annual contributions for
2023-2024 will be as follows:**

Platinum Donor	\$1,000 or more
Titanium Donor	\$500 - \$999
Gold Donor	\$250 - \$499
Silver Donor	\$100 - \$249
Bronze Donor	\$5 - \$99



2023-2024 DONOR CLUB as of April 2024

Platinum: St. John's Lutheran Church Congregation, Wayne & Joann Moore Charitable Foundation, Jacqueline Hehli, Mobius Mobility LLC, CFC TASC, Kevin E Corcoran, Maxwell Medical Services Inc, Phillip G & Frances J Rowe, Heritage Linehaul & Trucking Inc, Scott E & Elisa Caudill, Johnny Godwin, GMP Developers LLC, Steven Wardlow, Alamo Chapter of SCI, Jose G Laguna, Scott Parker, The NRA Foundation, United Access LLC, Texas Regional Para Sports, Paxton Arms LLC, Sonora Bank, & Stanley Kolodzey.

Titanium: Daniel Rich, Willard Allen, Jonathan Devlin, Mark Vrataric, Thomas Nate Turner, Robert Trevino, Edward J Hughes, Lone Star Chapter PVA, John P Kimble, Pedal Guerrero, Area Real Estate, LLC, F M Roberson, Zachary S Jones, Charles Poole, Maryann Trujillo-Hanford, Ronald McAnally, Summer Chesson, Mr. & Mrs. Philip B Green, Military Order of the Purple Heart, URO Development LLC, Peggy L Marler, Thomas A West, & John E Jones Jr.

Gold: Billie Edwards, F & Pamela Roberson, Joel Hoots, Michael Del Soldato, Alvin Guerrero, Richard Carson, Jesus Yanez, John Branum, ED Peacher Jr., Frank R Daebelliehn, True Vine Missionary Baptist Church, Steven Pamplin, John Lynch, Give Lively Foundation Inc, Tym & Gerry Kelley Charitable Fund, Patriot Warrior Foundation, AOG Foundation, Toai Nolan, Robert Patterson, Bruce W Kuker, Morgan Stanley, TTY Holdings Magnolia LLC, & Linda G Patrick.

Silver: Edison International, South Texas Stampede, Alan L Justice, James Johanssen, Jorge Rodriguez, Gary Standley, William Davis, Ernest Taylor, R Nichols, Thomas Schleier, Sydney Miller, Thomas Ishibashi, Daniel & Kristi Montague, Jamison F Reed, Marion Bell, Bob Connelly, Trey Miller, Phyllis Tinsley, Robert Waite, Michael Lee, America's Charities, Catherine A Webster, Robin Allshouse, Nickey Lang, Patron Kookers, Perkins Creek BBQ, Ronald J. & Silvia L. Garcia, Ted Skinner, Brandon Perryman, Jaime Garza Jr, Hunter Strawderman, Jethzi Kuker, Sam Kelley, Lorence Trick, Zack Redwine, Philip Tereskiewicz, Marion Samson, Jim Gieptner, Nathan Smith, Robert L Gause, Jennifer Emerson, Pablo Bonar, Pat McMurry, William Born, Michael Hynes, Michael Taggart, Doris Hoffman, Brandy Sausse, David Bradshaw, Lisa Clark, Rhonda T Winer, James Howard, Jimmy Alvarez, Judith A Oliver, Nishidha Kumaresan, Barbara McDonald, Daniel L Castillo, Barbara Slaughter, David Bodker, Jose Avalos, Rick & Anna Trish McDaniel Fund, Mark L & Monica K Wells, Alice Sutton, John DeMauro, Terry Hoke, Daniel G Martinez, Joseph H Bludeau, Myra Williams, M.L. Newman, Michael & Laurel M Crump, Jim Baccus, & Mac McCausland.

Bronze: Chevron Employee Corporate, Anna Marzec, Keith Walker, Laurie Stiteler, Richard Pekkala, Juana Pagel, Diane Green, Jeanne Phelps, Adrian R Moreno, James W Menn, Frederick Illg, Dudley Weber, Nakia Merritte, Amanda Saunders, Lidia F Quincy, Microsoft Rewards, Richard & Vicki Bailey, Luiz Lopez, Judy Welch Smith, Jose G Pena, Paula Barton Steele, Mary Fern Sword, Sandra Vasek, Marlon M Punch, Stanley L or Deborah T Hill, George W & Etsuko Schulenberg JTWROS, Brian & Druann Bosien, Diana Duran, Christiane Alexander, Laura Cameron, Cynthia Luckie, Kostas Lambrakos, Derrick Perry, Michael Alonzo, Jennifer Harvill, Yvette Garza, Kimberly Henderson, Jysun Cardenas, Stacey Allen, Angel Kappa, Debra Williams, Richa Devlugt, UK Online Giving Foundation, Elizabeth Pena, Christine M Hofer, George M Hofer, D.J. Byler & K.L. Byler, Jerry Or Cindy Slye, Mihaela Tanasescu, Roberta McLaughlin, Jane Montevaldo, Stephen Chastain, Roy D Bristow, Veronica Espinosa, Nathan C Rayes, Linda F Quincy, Kelly M Koonce or Kimberley C Koonce, Darlene Y Vannoy, Abbott Lab, Jason Grice, Edward Grange, James Lipa, Charles Lagarde, Lisa Anderson, Pricewater House, Steven Thomas, Shaheen Ansari, & Gail Burger.

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January - December 2024

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 BOB WOODRUFF FOUNDATION
Investing in the Next Chapter for Our Veterans
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 Join us and receive food for you and your family and get connected to loads of resources!!

To register visit: www.combinedarms.us/mocofoodpantry
 or

SCAN TO REGISTER



EVERY 3RD THURSDAY OF THE MONTH 4p-6p

IN NEED OF RESOURCES NOW OR HAVE QUESTIONS? CALL US! 1-844-489-8387

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Signs of Crisis

Resources and Support ▾

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FIND SUPPORT

Benefits Helpline: 1-866-734-0857
 Veterans Crisis Hotline: 988 , Press 1
 Women Veterans Hotline: 1-855-829-6636
 Caregiver Support: 1-855-260-3274
 Donor Hotline: 1-800-555-9140

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Help Starts Here



Call  2-1-1
 Free • Confidential • 24/7

Serving the following counties:
 Atascosa | Bandera | Bexar | Comal
 Frio | Gillespie | Guadalupe | Karnes
 Kendall | Kerr | Medina | Wilson

2-1-1 Texas/United Way Help Line is a public/private partnership between the Texas Health and Human Services Commission and United Way of San Antonio and Bexar County.

If you or someone you know needs:

- Food
- Clothing
- Health care
- Employment
- Child care
- Elder care
- Utility/rent assistance
- Counseling/mental health
- Adult literacy
- Drug treatment

• or many other services

Call 2-1-1 or 210.227.4357

HOUSTON, We Have Shots Fired!!

Our preliminary PVAT Trap/Sport Clay Practice in Houston was a Success (JUN 22). BOD members (Frank, Jason and Bruce) were present to evaluate the ranges for regular monthly Trap/Sport Clay practices. Being that approx. 3/4 of the shooting area is paved and the availability of multiple lanes for Shooting different Disciplines, makes it a perfect match for our Chapter's needs. We are always looking for more participation from our members in the Houston area.

Thank You - George Bush Park "American Shooting Center" for providing such a large multi-use Range & NRA for their Grant for Ammo/targets.

Go Team PVA GO!!

-Bruce Kuker

#pva1946 #Texaspva #texasstateparks #nra #teamusashooting #nsca #USAShooting #adaptivesports #DV



Boccia Ball Tournament

PVA member Nook Gustamante participated in his first

*Boccia Ball Tournament

“The Mighty Mississippi Match Up” in St. Louis Missouri. He played 5 games total.

W 13-0

W 6-1

W 6-1

W 6-3

L 5-2

End results Silver Medal



He also participated in the “Hartford Texas Regionals Boccia Ball Tournament.”

He played 5 games total.

W 5-1

W 11-0

W 6-1

W 7-1

W 8-2

End results Gold Medal

These tournaments took place in the month of April.



Hand Controls for Vehicles

John Allen, Senior Benefits Advocate

For veterans who have experienced disabilities that affect their ability to operate a standard vehicle, regaining independence and mobility can be a daunting challenge. However, the Department of Veterans Affairs (VA) offers a ray of hope through its comprehensive program for hand controls for vehicles. These adaptive driving aids provide veterans with the means to navigate the road with confidence and autonomy. In this article, we will explore the significance of hand controls for veterans, the types of controls available, and the VA's role in ensuring that those who have served our nation can continue to lead active, independent lives.

The Significance of Hand Controls cannot be overstated. For many veterans, the ability to drive is not just a convenience but a lifeline. It represents freedom, the chance to rejoin the workforce, and the means to partake in social and recreational activities. However, for those who have lost the use of their legs or experienced significant mobility impairments due to injuries sustained during their service, standard vehicle operation becomes an insurmountable challenge. This is where hand controls come into play.

Hand controls for vehicles are adaptive devices that allow individuals with disabilities to operate a car or van safely and effectively. These controls can be essential for veterans seeking to live independently and maintain their quality of life. By using hand controls, veterans can regain their mobility, access job opportunities, attend medical appointments, and participate in family and community events.

There are also several types of Hand Controls. Hand controls come in various designs, each tailored to suit specific mobility and dexterity needs. The Department of Veterans Affairs provides eligible veterans with access to a range of hand control options, ensuring that individuals can select the one that best fits their requirements. Here are some common types of hand controls:

- **Push-Pull Hand Controls:** These controls consist of a lever that is pushed or pulled to operate the accelerator and brake. They are user-friendly and adaptable for various types of vehicles.
- **Electronic Accelerator and Brake Controls:** These controls employ electronic technology to allow drivers to accelerate and brake using hand-operated controls. They are particularly useful for veterans with limited upper body strength.
- **Spinner Knobs:** Spinner knobs are steering wheel attachments that make it easier for individuals with limited hand mobility to steer the vehicle.
- **Left Foot Accelerators:** These controls are designed for veterans who have mobility limitations in their right foot. They allow for left-foot acceleration, making driving more accessible.
- **Reduced Effort Steering:** For veterans with upper body limitations, reduced effort steering systems can make turning the steering wheel less physically demanding.

The VA plays a crucial role in ensuring that eligible veterans have access to the hand controls they need to regain their independence and mobility. Here are some key aspects of the VA's involvement:

- **Eligibility Assessment:** Veterans seeking hand controls first undergo an eligibility assessment by VA healthcare professionals. This assessment helps determine the specific type of hand controls needed to address their mobility limitations.
- **Vehicle Modifications:** The VA can assist in modifying veterans' personal vehicles or help them acquire adapted vehicles equipped with hand controls. The VA covers the cost of these modifications for eligible veterans.

Need assistance during emergencies? Texas offers the STEAR (State of Texas Emergency Assistance Registry) program, a free registry providing local emergency planners and responders with vital information on community needs.

Please note that registering with STEAR DOES NOT guarantee specific services during emergencies, as services may vary by community.

For more information on how your community utilizes the STEAR registry, contact your local emergency management office or visit <https://www.tdem.texas.gov/.../state-of-texas-emergency...>

Stay prepared and stay safe.



State of Texas Emergency Assistance Registry (STEAR)

The State of Texas offers the option to register with the STEAR program, a free registry that provides local emergency management planners and responders with information related to your needs during an emergency.

Who Should Register?

- People with disabilities
- People who are medically fragile
- People with functional needs such as:
 - Limited mobility
 - Communication barriers
 - Require additional medical assistance during an emergency event
 - Require personal care assistance
- People who require transportation assistance



Register online at
Stear.tdem.texas.gov



Call 2-1-1 or use your video
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Please mention you saw this in your local PVA Chapter's Newsletter

✉ info@mobiusmobility.com 🌐 mobiusmobility.com ☎ **1-833-346-4268**

Paralyzed Veterans of America
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