

Speedy Gazette

"Improving Lives... Building Futures"



**Paralyzed Veterans
of America**

Texas Chapter

6418 FM 2100 Road
Crosby, Texas 77532
Phone: 713-520-8782
Toll Free: 800-993-4261
Fax: 713-520-8217
Email: info@texaspva.org
www.texaspva.org

August 2016

XV SUMMER PARALYMPICS

Volume 36, Issue 9



**Paralyzed Veterans of America
TEXAS CHAPTER**

6418 FM 2100 Road
Crosby, TX 77532

Tel: (713) 520-8782 / (800) 933-4261

Fax: (713) 520-8217

Email: info@texaspva.org

Officers – Board of Directors

- President..... Anne Robinson
- Vice President..... Tammy Jones
- Secretary..... John Taylor
- Treasurer..... Darrell Wilson
- Parliamentarian..... Eric Lindsay
- Board Member #1..... David Bradshaw
- Board Member #2..... Alvin Guerrero
- Board Member #3..... Frank Ellis

Program Directors

- National Director..... Darrell Wilson
- South TX Satellite Director..... John Taylor
- Austin Satellite Director..... Vacant
- Houston Satellite Director..... Frank Ellis
- San Antonio Satellite Director.... Tammy Jones
- Legislative Director..... Darrell Wilson
- Government Relations Director .. Kerry Reyna
- Advocacy Director Derrick Perkins
- Sports and Recreation..... Tammy Jones
- Outdoor Sports..... Alvin Guerrero
- Membership..... Anne Robinson
- MS Director..... Vacant
- Volunteer Services.....
- Hope Cooper, Barry Muth, John Shores, Derrick Perkins
- San Antonio HLO Anne Robinson
- Michael E. DeBakey HLO Carlton Tucker
- Chaplain..... Charlie Gant

TPVA Chapter Staff

- Executive Director..... Amanda Saunders
- Bookkeeper..... Amanda Saunders
- Administrative Assistant.....Jennifer Wilson
- E-Mail: info@texaspva.org

The SPEEDY GAZETTE is published approximately once a month by the Paralyzed Veterans of America, Texas Chapter, in the interest of Chapter members. Subscriptions are free to members of TPVA. Send address changes to the TPVA Chapter address.



**Please contact me with more information about
volunteer opportunities and other ways I can help
TPVA!**

Name: _____

Address: _____

Phone: _____

Email: _____

Interests: (Circle all that Apply) Membership /Volunteering
Donating Sponsorship Other

****Please cut out, and mail back to the Chapter Office at:**

6418 FM 2100 Road

Crosby, TX 77532

SPEEDY GAZETTE

*Available via email, send us your email
address to info@texaspva.org or visit us to read your*

***SPEEDY GAZETTE
ON-LINE***

www.texaspva.org

PVA National www.pva.org



**We would like to welcome
the following new members**

Will Matay

PVA Service Officers-see p 27 for detailed contact info

Houston-Greg Treacy, SNSO—800-795-3571/713-383-2727

Houston-Kimberly Springfield, BA—713-794-7993

San Antonio-Armando De la Rosa, SNSO—800-795-3572/210-617-5300 x 1-6819

Temple-Jack Soto, VLO—254-743-1686

Waco -Dan Meckel, NSO II—254-299-9944, 800-795-3573

President's Report By Anne Robinson



Hello TPVA Members,

Wow, it seems like August and its brutal heat arrived quickly this year, hopefully it will go by just as quickly as the rest of the summer has. I know this time of year makes me very grateful for the air-conditioning and Costco's walk-in fruits and vegetable refrigerator, it's the perfect place to go and cool off.

Our July board meeting in San Antonio was a great success. We were able to approve a complete balanced budget for FY 16-17, boosting funding into our air rifle and archery programs, 2 areas that have grown tremendously and have members participating who are Paralympic hopefuls. We are working diligently on creating more fund-raising opportunities so that we can offer even more membership programs.

For our members that live in the greater Austin area, to include Harker Heights, Killeen, Temple, Waco, Georgetown and Round Rock, we will be holding a membership meeting on **September 7**. In Georgetown, there is a bowling alley called "Mel's Lone Star Lanes" at 1010 N. Austin Hwy. We would like to start at 12 o'clock with a meet and greet and lunch, followed by a couple of rounds of bowling. We will have some ramps available for those who need them. If you are attending, please RSVP to the office or myself so that we can get an idea of how many may attend. We will send out flyers to everyone mid August. Everyone is welcome, bring your spouses, children caregivers or any other significant person.

ATTENTION: AUSTIN AREA MEMBERS...

For our members that live in the greater Austin area, to include Harker Heights, Killeen, Temple, Waco, Georgetown and Round Rock, we will be holding a membership meeting on **September 7**. In Georgetown, there is a bowling alley called "Mel's Lone Star Lanes" at 1010 N. Austin Hwy. We would like to start at 12 o'clock with a meet and greet and lunch, followed by a couple of rounds of bowling. We will have some ramps available for those who need them. If you are attending, please RSVP to the office or myself so that we can get an idea of how many may attend. We will send out flyers to everyone mid August. Everyone is welcome; bring your spouses, children, caregivers or any othersignificant person.



Vice President By Tammy Jones

Hello Y'all,

Hope this finds everyone doing well :-)!

The Chapter is moving along well this month, our positive thoughts and prayers go out to the folks of Baton Rouge and Louisiana with the flooding that occurred recently. We wish them safe returns back to their homes. As some of our membership can attest to, with the flood waters that hit Texas this year, life does go on. One step or one push of the wheel at a time. If you are in need of assistance for home repairs let the Chapter know as the Texas Veterans Commission may be able to help, we can work with you and our Government Relation Director Kerry Reyna and see what can be done for you.

Also, in September we are having a meeting for the membership in the Austin, Killeen, Waco area on September 7, looking forward to seeing our members in the area.

Announcing start of monthly Spirituality Group

1st Thursday 3pm-4pm in STVHCS SCIC Dayroom at back of inpatient unit.

For all outpatients, inpatients and caregivers of all brands of spirituality.

No appointment necessary.

Let's Hear It for Body, Mind, Spirit! by Roger Rahill, STVHCS SCIC Chaplain



It's called teamwork: Dentist, Doctor, Chaplain, each doing his part to complete an important healthcare task. It was Kosovo 16 years ago, and it was cold. It was dark except for the camera's flash and the flashlight I was holding. The doc and dentist wore their pistols, and I relied on their protection since chaplains weren't allowed to even touch weapons. And we clinical professionals were also provided force protection by our Soldiers who added considerably more firepower and muscle and combat experience.

Our patient trusted us, and complied with our directions and procedures, made no complaints, and was happy with the results of her bad teeth being pulled and no longer a cause for pain. I haven't heard from her, and don't expect to, but I worked further with the doc and dentist back in Germany, then with the doc at Brooke Army Medical Center and here at the VA, and the dentist sent me a Facebook message in July of this year.

Teamwork...it's so important in feeling connected, valued, competent, whole. Uh oh, chaplain's getting spiritual now! Well, since YOU brought it up, yeah, my scriptures say 2 are better than 1 and a 3-fold cord is not easily broken. There IS strength in numbers, and plans fail for lack of councilors. We're better together!

Who's on your team? Who's got your back and whose back do you have? My teammates had guns, and they liked having me around to remind them of God's overwatch. Does your team include a Higher Power? If not, why not? That's a question I suggest you ask yourself, and if an answer doesn't come, or if your answer isn't satisfying, then seek some teamwork – get some help. You can be on my team! And please consider offering yourself as a teammate.



Treasurer By Darrell Wilson

Great news! We recently completed and approved the TPVA's FY2017 Budget during our July board meeting. This is important because the chapter must operate with an annual budget, which is approved by the National Office. The budget was prepared by the Chapter Treasurer, the Executive Director, each Officer of the Board, each Program Director were involved in budget preparation by submitting the monetary requirements for their area of responsibility during the year for which the budget is being formulated.

Under no circumstances did any individual determine the requirements for any program without input from the person who is responsible for that program. The budget dictates the financial expenditures authorized for the applicable year. I am proud to say that 83.9% every dollar we bring in goes to support our members. I strongly urge each member to be active by volunteering and participating in the many different activities and events, which the Chapter support and sponsor. For all the members and family members who are currently involved, please stay involved and if you are aware of any members who are not, please have them contact the Chapter Office or anyone of the Board of Directors and/or Program Directors.

In the national news, the following is provided from the PVA National Office:

Senate Fails to Approve Appropriations Conference Report That Includes Funding for IVF for Veterans, Capacity Reporting Provisions

On June 28, 2016, the Senate voted against the conference report for approved H.R. 2577, an appropriations omnibus bill that included the "Military Construction and Veterans Affairs Appropriations Act for FY 2017." This bill included three important provisions for PVA and its members. First, it provides direct funding for the provision of procreative services, specifically in vitro fertilization. Second, it includes a provision to permanently reinstate the annual capacity reporting requirement for VA's specialized services (the number one legislative priority for PVA). Third, it provides for beneficiary travel to non-service connected catastrophically disabled veterans who are receiving in-patient care or who receive temporary lodging during the course of their care. The House approved its conference report the week before the July 4th recess, including these provisions. The Senate rejected the bill due to concerns about Zika funding that House and Senate leadership attached to the appropriations bill.

House Appropriations Committee Approves Amendment that Could Undermine IVF Treatment for Veterans and Service Members

On July 13, 2016, Rep. Andy Harris (R-MD), introduced an amendment during the markup for the Labor-HHS appropriations bill. The amendment would only allow federal funds to provide IVF so long as all embryos made in the process were stored indefinitely. Such a requirement makes the provision of IVF at the Department of Defense (DOD), and potentially in the future at VA, wholly untenable.

The American Society for Reproductive Medicine (ASRM), the organization that represents over 8,000 American fertility specialists says the Harris amendment directly contradicts the best clinical practices and would deny access to care. Unfortunately, Rep. Harris used his position as a doctor (an anesthesiologist) to validate his position and many of the members of the Committee accepted his views as expert. The amendment was ultimately agreed to 29-21, with one Democrat voting for it and one Republican voting against it.

PVA will work to prevent the amendments inclusion in the senate companion or in a possible omnibus appropriations bill. This amendment, while seemingly benign, is an intentional barrier to care and would undermine the existing IVF services at DOD and prevent any future services through VA.

These are some very important issues and affect each and everyone of us in our daily lives. I strongly urge you to contact your elected officials at the local and national level to let our elected officials know how their decisions affect each and everyone of us. If you need assistance in contacting your elected official, please contact any of your board of directors and/or the Chapter Office.

PVA Texas Chapter Ongoing Sports/Recreation Events

Ongoing Sports – San Antonio Area

Sunday

Power Wheelchair Soccer – September 4th, B team 5-5:30, All 5:30-6:30, A Team 6:30-7:00 MWL Event Center, POC Jennifer Weatherford (STRAPS)



Paralyzed Veterans of America
Texas Chapter

Mondays

Archery – 10:00am Oasis for Wounded Warriors Hwy 46 Pipe Creek, POC Jose Laguna

Adaptive Gaming - 1-3pm ALM SCIC Rec Room POC Jose/Tinyada

Wheelchair Softball – 6:00-8:30pm, MWL Event Center (Bad weather practice moves inside) POC Brooke Matula (STRAPS)

Tuesday

Boccia – 12:00-3:00pm ALM SCIC Rec Room POC Jose Laguna

BAMC Wheelchair Basketball – 1300 at METC Fitness Center Gym, Ft. Sam, POC Troy Hopkins or Abdul Brown

Goalball – 10/6/2015 – 3/2016 6:30-8:30pm, MWL Event Center, POC Brooke Matula (STRAPS)

Track & Field Practices – 2/2016-6/2016 POC Brooke Matula (STRAPS)

Wednesday

Bowling – 9:30-11:30am Oak Hills Bowling Lanes, POC Jose Laguna

Air Guns – 1300 -1500 Central Catholic High School POC Jennifer Cooper/Jose Laguna

Operation Comfort Adapted Cycling – 9:30-11:30am Locations change, contact Janis to get on email list

Operation Comfort Automation – 1300-150018811 FM2252, San Antonio, TX 78266 POC Brad Bowen/Chris Leverkus

Wheelchair Football - 5:00-7:00pm MWL Parking lot, POC Brooke Matula(STRAPS)

Skeet Shooting – Evening, Bandera Gun Club, POC David Bradshaw

Thursday

Wheelchair Rugby – 6:30–9:30pm, San Antonio FIRE Center, POC Gabe Diaz de Leon/Barry Muth

Shooting Sports – National Shooting Sports Complex, POC Jose Laguna/Alvin G
Air Guns – 1200 -1500, **24 hr advance notice to Jennifer for location & equipment **BAMC**

Wheelchair Basketball – 1300 at METC Fitness Center Gym, Ft. Sam, POC Troy Hopkins or Abdul Brown

Kayak – 1300 Olympic Outdoor Center, San Marcos, POC Ben Kvanli

Boccia – 6:00-7:30pm, 10/22/15-6/16 Morgan's Wonderland Event Center POC Brooke Matula (STRAPS)

Friday

Air Rifles - 9:30am-12:00pm ALM SCIC Rec Room POC Jose Laguna

Karate – 0900-1100 at Jimmy Brought Fitness Center, Ft. Sam Houston POC Brad Bowen

Saturday

Wheelchair Rugby – 10:00am–1:00pm Thousand Oaks YMCA, POC Gabe Diaz de Leon/Barry Muth

Operation Comfort Cycling – See Wedn. **San Antonio Sled Rampage**, Ice & Golf Center at Northwoods, POC Chris Leverkus or www.operationcomfort.org

Table Tennis – San Antonio Table Tennis Center, www.satabletennis.org



July 17 – July 22, 2017
Cincinnati, OH

Membership Events



**Paralyzed Veterans
of America**

Texas Chapter

July

- 7 - TPVA Membership Meeting ALM SCIC Rec room Dinner 5:00pm Forum 6:00pm
- 9 – Sporting Clays Tournament, Premier Shooting Complex, Sealy, TX
- 14 – ALM SCIC Women w/SCI Support Group
- 27 – Houston Membership Forum, MED VA SCIC Dayroom Lunch 12pm w/meeting to follow
- 28 - ALM SCIC Women w/SCI Support Group
- 28 - Corpus Christi Membership forum POC Chapter office for time & place

August

- 4 - SAS Membership Forum ALM SCIC Rec room Dinner 5:00pm Forum 6:00pm
- 9 - 9ball Tournament Fast Eddies Braun & 1604 Checkin 11:30
- 11 – ALM SCIC Women w/SCI Support Group
- ALM SCIC Women w/SCI Support Group
- 25 - Corpus Christi Membership forum POC Chapter office for time & place
- 26 - Bowling Tournament, Oak Hills Lanes SA 10:30 Checkin
- 31 – Houston Membership Forum, MED VA SCIC Dayroom Lunch 12pm w/meeting to follow



September



- 1 - Opening Day Dove Hunt Buda POC Alvin
- 8 - SAS Membership Forum ALM SCIC Rec room Dinner 5:00pm Forum 6:00pm
- 6 - Boccia Tournament ALM SCIC Rec room 1pm
- 8 – ALM SCIC Women w/SCI Support Group
- 21 - 23 - Valor Games Southwest San Antonio
- 23 - 24 DITW Anglers on Wheels II w/ Island Queen (Port Aransas) Fri- 5pm-9pm, Sat 1pm-5pm
- 25 ~10am-noon: A Day with Paralympian Amy Purdy!!(STRAPS)
- 28 – Houston Membership Forum, MED VA SCIC Dayroom Lunch 12pm w/meeting to follow
- 29 - Corpus Christi Membership forum POC Chapter office for time & place

October

- 1 - Adapted Sailing DITW, 11am Canyon Lake POC Jennifer
- 6 - SAS Membership Forum ALM SCIC Rec room Dinner 5:00pm Forum 6:00pm
- 7 - Jack Sanders Banquet, Sheraton N. Houston, 6:30pm call Chapter office to RSVP
- 13 – ALM SCIC Women w/SCI Support Group
- 26 – Houston Membership Forum, MED VA SCIC Dayroom Lunch 12pm w/meeting
- 21 - Morgan's Wonderland Picnic 10am-2pm
- 27 - ALM SCIC Women w/SCI Support Group
- 27 - Corpus Christi Membership forum POC Chapter office for time & place

November

- 3 - SAS Membership Forum ALM SCIC Rec room Dinner 5:00pm Forum 6:00pm
- 10 – ALM SCIC Women w/SCI Support Group
- 11 - Veterans Day *Volunteers needed for Parades call Chapter to be on list*
- 12 – Freedom Shoot Sporting Clays, Liberty, TX *Volunteers needed*
- 17 - ALM SCIC Thanksgiving Dinner
- 26 - ALM SCIC Decorating

December

- 1 - SAS Membership Forum ALM SCIC Rec room Dinner 5:00pm Forum 6:00pm
- 2-4 - Metal & Muscle Sports Expo, George R. Brown Conv. Center, www.houstontx.gov/parks/adaptivesports.html
- 8 – ALM SCIC Women w/SCI Support Group
- 11 - DITW A Country Christmas @ Cowboys Dancehall 1-5pm POC Jennifer
- 17 - SAS Christmas Party, Hyatt Hill Country, RSVP Chapter office
- 22-ALM SCIC Women w/SCI Support Group
- 25 - Christmas



Sports and Recreation By Tammy Jones

We have the Valor Games coming, www.sanantoniosports.org to register, this registration is open to all members statewide. Check the website for hotel information, for those not in the San Antonio area. They have added Table Tennis this year so come on out and compete or see how well you can do a new sport!

Back this year is our annual Mason Dove Hunt, September 9-11 (Friday-Sunday). Contact Alvin, David B., Jose or me to get on the list. This will be an awesome shoot.

Remember to send your points in by the 10th of the month.



Legislative Report By Darrell Wilson

A Proclamation - Ronald Reagan

The people of this great Nation owe a tremendous debt of gratitude to the brave men and women of our Armed Forces who have fought to preserve America's freedom and independence. National Paralyzed Veterans Recognition Day offers us an opportunity to express our appreciation to a very special group of our veterans -- those who suffer the disability of paralysis.

On August 3, 1983, of tribute to these dedicated citizens, we honor them for the great sacrifice they made for their country, and praise them for the courage, determination, and perseverance they demonstrate daily in facing the difficult challenges of their disabilities. The strong will and spirit which they exhibit in overcoming the limitations of their paralysis serve as an inspiring display of the American drive to achieve, build, and advance which has kept this country strong for the past two centuries.

Each of us is heartened by the knowledge that this Nation's paralyzed veterans lead active, productive lives which enrich us all. It is indeed appropriate that we set aside a special day upon which to thank them for their past and continuing contributions to this country.

In recognition of the sacrifices and contributions that these veterans have made and the service rendered by the many veterans who later suffered paralysis from non-service related causes, the Congress of the United States, by House Joint Resolution 258, has designated August 3, 1983, as "National Paralyzed Veterans Recognition Day," and has authorized and requested the President to issue a proclamation in observance of that day.

Now, Therefore, I, Ronald Reagan, President of the United States of America, do hereby proclaim August 3, 1983, as National Paralyzed Veterans Recognition Day.

I call upon the people of the United States and interested organizations to mark this day with appropriate observances to honor the sacrifices and service of paralyzed veterans.

In Witness Whereof, I have hereunto set my hand this 29th day of July, in the year of our Lord nineteen hundred and eighty-three, and of the Independence of the United States of America the two hundred and eighth.

[Filed with the Office of the Federal Register, 10:06 a.m., August 1, 1983]



National Director Report By Darrell Wilson

As your National Director, it is my responsibility to represent the TPVA and all members of the Paralyzed Veteran of America. I am required to attend the annual board meetings and conventions. Basically, I am your voice and I advocate on your behalf in all matters as it relates to the Paralyzed Veterans of America eight (8) mandated programs. I take those duties and responsibilities very seriously and with great passion. In our recent TPVA board meeting the President Anne Robinson nominated me to serve an additionally three (3) years and was confirmed by our Board of Directors. I look forward to working and advocating on behalf of our members for the next three years.

In the national news, the following is provided from the PVA National Office:

On July 6, 2016, the Commission on Care formally released its report on the future of veterans' health care. The Commission was originally established by the "Veterans Access, Choice and Accountability Act of 2014." The report contains 18 major recommendations. The most notable recommendations include establishment of an integrated health care network to expand access to care. This recommendation mirrors in many ways previous recommendations of *The Independent Budget*—co-authored by PVA, DAV, and VFW—as well as the current community care consolidation plan that the Department of Veterans Affairs (VA) unveiled last fall.

The Commission also recommended a governance board to oversee the planning, policy and implementation of a new veterans' health care system. While this idea seems intriguing, it does not contemplate the biggest challenges of a new governance structure. Specifically, this board would actually be more politically driven than current VA leadership due to the mechanism for selecting board members (appointed by House and Senate leadership). Additionally, the Commission did not rationalize the interaction between the Veterans Health Administration and the Veterans Benefits Administration and how that would be impacted by this new governance structure.

The greatest concern PVA has with the Commission report is the recommendation regarding "choice." The report calls for allowing veterans the choice of primary provider within the new integrated health care networks. However, it does not consider the impact that giving more veterans expanded choice will have on the current VA health care system and specifically specialized services, such as spinal cord injury and disease care. The Commission analysis suggests that as much as 40 percent more care will move into the community under this proposal.

PVA also expressed other concerns with the Commission report. We will be providing our detailed analysis for a House Committee on Veterans' Affairs hearing on the

Commission report in September 2016. PVA's initial response to this report can be found at www.pva.org. The full report can be viewed at <https://commissiononcare.sites.usa.gov/>.

Paralysis in Texas

Nearly one in fifty Americans today live with paralysis. This debilitating condition, which causes loss of muscle control and sensation in affected areas of your body, can be caused by spinal cord injury, strokes, degenerative diseases, and even extreme reactions to medications. Depending on which nerves were damaged, paralysis may be localized or widespread, resulting in partial paraplegia or complete quadriplegia.

Not only is being paralyzed a huge emotional blow, it can also prevent you from gainful employment. Inability to work translates to lost income and no health insurance, which adds tremendous financial pressure. Fortunately, the Social Security Administration (SSA) offers monthly disability payments to people who have been incapacitated by paralysis, enabling you to provide for yourself and your family as you undergo rehabilitation.

What Disability Benefits Are Available?

The two primary Social Security programs available to people living with disabilities are Social Security Disability Insurance (SSDI) and Supplemental Security Income (SSI). The medical eligibility requirements are the same for both, but each one serves a different need.

[Social Security Disability Insurance](#) (SSDI): SSDI is intended for people who used to work but can no longer do so because of their medical condition. To qualify, you must have worked a certain period of time before you became disabled. The monthly amount you receive depends on the amount you paid into the Social Security System while employed.

[Supplemental Security Income](#) (SSI): SSI provides monthly support to people who have limited income and resources, such as children and the elderly. SSI payments are set by the federal government, with some states paying an additional amount to its SSI recipients. In Texas, if you are residing in a Medicaid facility, you can receive an extra \$60 per month from the state. All SSI recipients are automatically eligible for Medicaid.

How to Medically Qualify for SSA Benefits with Paralysis

To be eligible for SSDI or SSI benefits, the condition responsible for your paralysis must be listed in the Blue Book, the SSA catalog of disabling conditions and their medical criteria. Here are some listed conditions that can apply to paralysis cases:

[Section 1.04: Disorders of the spine](#)

[Section 11.08: Lesions of the spinal cord or nerve root](#)

[Section 11.09: Multiple sclerosis](#)

[Section 13.13: Cancers affecting the nervous system](#)

[Section 14.02: Lupus](#)

To receive disability benefits, your application must either meet one of these listings or be found eligible based on a medical vocational allowance, which essentially states that your condition doesn't meet a Blue Book listing, but still prevents you from earning a living.

Basically, the SSA will medically approve anyone who is unable to "ambulate effectively." This means that if one of the following criteria is approved, you almost certainly medically qualify:

- You require a wheelchair

- You are unable to walk more than a couple of blocks on an uneven surface without a walker

- You cannot climb more than a few stairs without requiring handrails.

Applicants under the age of 18 may be eligible to receive SSI benefits if the income and employment history of their parents or guardians meets certain criteria. After they turn 18, they could continue to receive benefits if they are still disabled.

The SSDI and SSI Application Process

When you apply for disability benefits, a detailed application form must be submitted together with the following medical documentation:

- Physical examination notes

- A full medical history

- Test results that diagnose the source of your paralysis (e.g. X-rays and MRIs)

- Records of any treatment, such as surgery, physical therapy, and prescribed medications

In Texas, all received claims are transferred to a disability examiner at a state disability agency called DDS, or disability determination services. This case examination specialist will collect all medical evidence needed to make a decision on your application.

For more information about SSA disability benefits in the state of Texas and how you can apply for them, visit the [SSA's website](#), visit your [local SSA office](#), or call the SSA toll-free at 1-800-772-1213. Monthly support payments will give you the peace of mind and sense of independence you need to adjust to this major change in your life.

This article was provided by the staff of Social Security Disability Help. For any additional assistance, they can be reached at help@disability-benefits-help.org.

Dear Cici,

My husband and I are both frustrated. He has recovered as much as we can expect from the accident that left him a full quadriplegic. We are both young and our sex life was great before the accident. Where do we go from here? Joe (not his real name) thinks that I will eventually leave him for a "whole" man. He says he can't even give me a hug.

Cici, I love my husband, and when I married him I promised to do so in "sickness and in health." I'm not going to desert him now or ever. What can we do? Is there any help out there for us?

Frustrated

Dear Frustrated,

This is a really good but complicated question, and so is living with spinal cord injury — complicated but not impossible. There are several things involved here: adjustment (psychological and physical), education and communication.

According to psychologist Jeff Dersh, your husband is still adjusting to having a spinal cord injury. Dr. Dersh says it takes anywhere from 2-7 years for most injured people to reach a point at which they consider themselves well-adjusted to their injuries. So, in this scenario, your husband seems to feel emasculated. He has likely conceptualized masculinity in a very culturally stereotypical way until his injury (men as physically virile, being the provider, etc); and he has been used to a body that is physically effective in the world and has been enjoyed through your previous "great sex life." So, he has some individual adjustment work to do, some of which has nothing to do with sexuality but which will also benefit from a clearer definition of what it means to be masculine. Sometimes there are support groups for this, sometimes men benefit from spending time with other men who have had SCIs for a longer period of time than they and have successfully made sexuality part of their lives again, and sometimes people benefit from psychotherapy to aid in adjustment.

The next recommendation is to seek more information regarding sexuality and spinal cord injury for both of you. There are good resources available. I would suggest googling "spinal cord injury and sexuality" and then having a look at those entries that look informative and interesting. For example, http://www.spinalcordinjury.net/Services/services_info_sexuality.htm

A third issue is communication. Open communication is key to healing, adjusting and enjoying life as a quad. It is typical for people, especially men, to avoid talking about this kind of topic, but getting honest input and feedback is the best way to overcoming any obstacles. To help improve communication around the issue of sex, you could meet with a more experienced couple. That can be arranged by your VA provider. And the couple can benefit from looking — together— at the educational materials mentioned above. Finally, you can benefit from couples therapy. Difficult topics are much more easily approached when there is a third person in the room to mediate and to guide the discussion, at least initially. There are also specialized "sex counselors or therapists" that you have access to.

The emasculation and lack of communication have to be addressed first. And just as the concept of masculinity will have to broaden for husband, what sex is will also have to broaden for both of you.

Here's wishing you and your hubby a successful and enjoyable journey on the road to full recovery.

Sincerely,

Cici

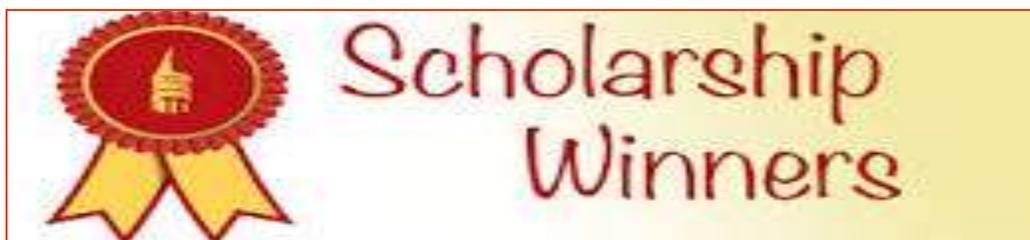


CONGRATULATIONS
2016 TEXAS PVA
SCHOLARSHIP RECIPIENTS !!!!

Congratulations, Rod Reyna!

Rod was selected to win our \$1,000 scholarship.

Rod is the son of Kerry and Fred Reyna



Congratulations, Hailey Holbert!

Hailey was selected to win our \$500 scholarship.

Hailey is the daughter of Steve and Teresa Holbert.





Advocacy Director by Derrick Perkins

Individuals with disabilities who wish to file a discrimination complaint with the Justice Department can now do so using an electronic form.

The Justice Department recently announced a new electronic method for filing complaints of the Americans with Disabilities Act (ADA). If you notify a facility or company about some barrier(s) to access and feel that nothing is being done, you can log onto:

www.ada.gov/complaint

to quickly and easily send your complaint to the U.S. Justice Department who will advocate on your behalf. Never feel like you are alone.



Brand new
manual
wheel chair
available.
Contact the
Chapter
Office if
YOU'RE
interested



Employment Specialist By Shaun Smith

SCI Vocational Rehabilitation is a service offered at Michael E DeBakey VA Medical Center. When working with veterans who have Spinal Cord Injuries, it is important to remember that a Spinal cord Injury does not have to prevent you from continuing with life. For some, an important piece of life is work. Finding a job after have a spinal cord injury can be very intimidating. Some veteran think that since they have a Spinal Cord Injury, they can never work again. I can tell you if you want to work, you can work. Work does not have to be 40 hours a week. Work can be 1 day a week for 1 hour a day if that is what you want. You might be asking yourself, how I can find a job that will allow me to work only 1 hour a day for 1 day a week. This is where vocational rehabilitation can help. I have heard from some veterans, I cannot work because of my benefits. You would be surprised how many benefits allow veterans to go to work with causing any limitations to their benefits. Are you registered with the Houston VA? Are you part of the Spinal Cord Injury Clinic? Are you interested in working? If you answered yes to these questions, please feel free to give me a call.

713-791-1414 ext 23659

TO ALL VETERANS, FAMILIES, AND CAREGIVERS:

It is IMPORTANT to be aware that one of the services the VA office is the Veterans Crisis Line. The number is 1-800-273-8255, Press 1

This is confidential help for Veterans and their families. It is staffed with committed employees trained to help save lives. Many of them are Veterans. If you feel you need help or if someone you know needs help please make the call. If for some reason there is a problem with the crisis hotline then Dial 911. We are losing too many lives. So it is



Contact the Chapter Office to read the entire article

*****PRIORITY*****

The Government Relations staff is still looking for stories about problems that our members have experienced during air travel. Please visit www.AirAccess30.org and share your story.



HAPPY BIRTHDAY TO YOU IN JULY & AUGUST It is never our intention to leave anyone out

Robert	Adkins	Joseph	Gibson	Dwight	Pennington
Jerome	Apodackis	Nathan	Gonzalez	Randy	Pike
Alan	Babin	Michael	Griffin	Chris	Post
Robert	Bagley	Alvin	Guerrero	Courtney	Prater
Sean	Barr	Maurice	Hampton	Thomas	Price
Christian	Barthol	Isaac	Hearns	Edward	Rebeaud
Charles	Bauer	Lori	Henson	Arthur	Ricks
Joseph	Bludeau	Sidney	Hogue	Raul	Rivas
Matthew	Bourbon	Jose	Ibarra	Carroll	Roberson
Ronald	Bruellisauer	Roy	Inks	Julio	Rodriquez
Federico	Cantu	Jeff	Jackson	Waldo	Schroeder
Mary	Castro	Lionel	James	Danny	Scott
Orlando	Cepeda	Craig	James	Randy	Sendejo
Gregory	Clark	Leah	Jasik	Barry	Smith
Charles	Comeger	Tammy	Jones	Bennet	Stelly
Steve	Copsey	Kendrick	Kahler	Jason	Tabansky
Michael	Crawford	Michael	Keiser	Antonio	Tavor
Conrad	Crump	Kirby	King	Jimmy	Tucker
Daniel	Decker	William	Klotz	Valarie	Valentine
Efren	Diaz	Bruce	Kuker	John	Van Walsen
Colin	Doyle	Veronica	Kuras	Robert	Webb
Franklynn	Ellis	Stanley	Lambert	Robert	White
George	Evans	James	Landreneau	Kelvin	Wilcher
Jack	Fenton	Robert	Lopez	Glen	Williams
Steven	Fenton	Dianna	Lopez	Russell	
Talina	Ferrell	David	Luera	Keith	Williams
Gerald	Fesenmeyer	Calvin	Mackrill	Ralph	Wilson
Fred	Flores	David	Metcalf	Lonnie	Wilson
Truman	Fountain	Bradford	Morgan	Thomas	Winand
John	Fraser	Richard	Moskal	Robert	Wolf
Joseph	Gallow	James	Patin	Riley	Woods
Gilbert	Garcia	Hugh	Patterson		
Guillermo	Garcia	James	Peevey		

IN MEMORIUM

LET US TAKE A MOMENT TO REMEMBER THOSE WHO ARE NO LONGER WITH US



Charles Bickley
Kevin Broderick
Lamar Hamilton, Jr.





Executive Director Report By Amanda Saunders

We are planning our Patriot's Day Fishing on Lake Conroe for Thursday, September 8th. Please RSVP to the Chapter and let us know if you will need hotel accommodations.



Frank's Birthday Party @ the Houston VA – August 3rd



Members Eddie Born, Derrick Perkins & Norris Honeycutt working the booth @ the Houston Abilities Expo August 6th

Winter Sports Clinic Applications are now available at www.wintersportsclinic.org



Congratulations
MARCO DE LA ROSA!

Good Luck in Rio at the Paralympics

TEXAS
IS
PROUD
OF
YOU!!!



BRING
HOME
THE
GOLD!!!





9th Annual HAVA National Family Day

Date: Saturday, October 22, 2016
Time: Activities begin at 10:00 a.m.
 (Sign-in starts at 9:00 a.m.)
 Ending 7:00 p.m. (Approx.)

Location: San Antonio Police Training Academy
 12200 S.E. Loop 410
 San Antonio, Texas 78221

What:

- A day of sport shooting, competition, food, prizes and fun

Who is invited:

- Wounded/Injured U.S. Veterans and Wounded/Injured
- Active Duty Military and immediate families

All Participants must send an email to:
hava.sapd@yahoo.com
to get pre-registration information.



See Pro Shooter...
Micah McMillan



Activities:

- Shooting events with products from leading firearms manufacturers (*Air-soft for kids provided*)
- Shotgun Exhibition with Micah McMillan
- Lunch Provided
- Evening Dinner Provided and Raffle Prizes
- A backpack will be provided with prizes for all Disabled Vet participants

Live fire with a variety of both traditional and the newest guns...and adaptive devices .

Featuring 3-Gun Shooting Stages (Rifle, Pistol & Shotgun).

Activities, food and fun for the entire family.

What is H.A.V.A. (Honored American Veterans Afield):

- H.A.V.A. is a 501(c)3 non-profit organization that was formed by companies in the shooting and outdoor industry with the purpose of raising awareness and further assisting disabled active duty military and veterans with their healing process through hunts, shooting sports and other active outdoor sports activities.





Wheelchair Fencing Demonstration

2:00pm September 14, 2016

Spinal Cord Injury Dayroom

Presented By Vets, For Vets





Did you know that the Department of Veterans Affairs has issued a national policy to provide **any veteran** who meets the physical qualifications access to **ReWalk** exoskeleton technology?

What is ReWalk? ReWalk enables individuals with spinal cord injury (SCI) to **stand** and **walk** and is cleared by the FDA for home and community use.



For a **No-Cost Screening** and Information on Evaluation and Training contact your local VA hospital, VA Rehabilitation Center or **contact ReWalk directly at rewalk.com/contact or via phone at 508-251-1154 Ext. 741**



ReWalk Robotics' mission is to fundamentally change the Quality of Life for individuals with lower limb disability through the creation and development of market leading robotic technologies.

www.rewalk.com

"When I put the ReWalk on, I feel like I'm participating in life instead of just existing, it's like having another chance at life."

Rtd. Army Specialist Gene L. - Spinal Cord Injury in 2001 - ReWalker since 2013



[Facebook.com/Rewalk](https://www.facebook.com/Rewalk)



[@ReWalk_Robotics](https://twitter.com/ReWalk_Robotics)



CAMP LEJEUNE: PAST WATER CONTAMINATION

From the 1950s through the 1980s, people serving or living at the U.S. Marine Corps Base Camp Lejeune, North Carolina, were potentially exposed to drinking water contaminated with industrial solvents, benzene, and other chemicals. This chemical exposure may have led to adverse health conditions.

YOU MAY BE ELIGIBLE FOR VA HEALTH BENEFITS IF YOU SERVED ON ACTIVE DUTY (VETERANS) OR RESIDED (FAMILY MEMBERS) AT CAMP LEJEUNE FOR 30 DAYS OR MORE BETWEEN AUGUST 1, 1953 AND DECEMBER 31, 1987:

- Veterans who are determined to be eligible will be able to receive VA health care. In addition, care for qualifying health conditions is provided at no cost to the Veteran (including copayments).
- Eligible family members receive reimbursement for out-of-pocket medical expenses incurred from the treatment of qualifying health conditions after all other health insurance is applied.

QUALIFYING HEALTH CONDITIONS INCLUDE:

- Bladder cancer
- Breast cancer
- Esophageal cancer
- Kidney cancer
- Leukemia
- Lung cancer
- Multiple myeloma
- Myelodysplastic syndromes
- Non-Hodgkin's lymphoma
- Female infertility
- Hepatic steatosis
- Miscarriage
- Neurobehavioral effects
- Renal toxicity
- Scleroderma

VETERAN ELIGIBILITY:

- A Camp Lejeune Veteran does not need to have one of the 15 health conditions to be eligible to receive VA health care, nor do they need a service connected disability to be eligible as a Camp Lejeune Veteran for VA health care.

VETERANS

ENROLL IN VA HEALTH CARE

- Inform VA that you served on active duty at Camp Lejeune for at least 30 days during the covered time period.
- Already enrolled? Contact your local VA health care facility at <http://www.va.gov/directory/guide/> to sign up for the Camp Lejeune Program and receive VA care.
- Not yet enrolled? Apply online at <http://www.va.gov/healthbenefits/apply/> or call toll-free 1-877-222-8387.

FAMILY MEMBERS

GATHER DOCUMENTS

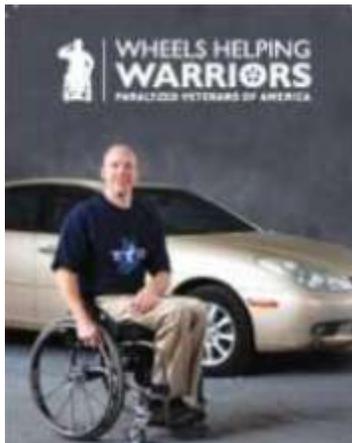
- Show your relationship to a Veteran, such as a marriage license or birth certificate.
- VA will assist you with verifying residency on Camp Lejeune during the covered timeframe.

GATHER QUALIFYING EXPENSE RECEIPTS

- By law, VA may only compensate for eligible out-of-pocket expenses after family members have received payment from all other health plans.

APPLY FOR REIMBURSEMENT

- Apply online at <https://www.cfamilymembers.fsc.va.gov> or call toll-free 1-866-372-1144.



How Your Vehicle Can Help Veterans

Every vehicle has value, whether it runs like the day you drove it off the lot or doesn't start at all. Regardless of the condition, it will sell at auction. In return, donors receive a tax deduction, and the proceeds of the sale help provide rehabilitation services, job training, quality healthcare, benefits, and funding for education and research for veterans living with spinal cord injury/dysfunction.

It's simple: Be sure the vehicle title is on hand, fill out the online form or call a Wheels Helping Warriors representative, and schedule a pickup free of charge. Paralyzed Veterans of America's Wheels Helping Warriors Vehicle Donation Program accepts a variety of vehicles:

- Airplanes
- Boats
- Farm/construction equipment
- Horse trailers
- Motorcycles
- Motorized wheelchairs
- RVs/campers
- Semi-tractors
- Trucks/SUVs

Any of these vehicles can become a new beginning for a paralyzed veteran. Be a hero to a hero today and consider vehicle donation to help someone who has served and sacrificed.

Donate Today!

Call or visit us online to donate your vehicle today:

855-744-0782

wheelshelpingwarriors.org



One Car One Difference is IAA's public awareness campaign promoting the benefits of vehicle donation. © 2013 Insurance Auto Auctions, Inc. All rights reserved.

In addition, feel free to use the following Wheels Helping Warriors you tube ad on your website and through social media.

:30 spot <http://www.youtube.com/watch?v=GCn255-xYL0>

CLASSIFIEDS / SERVICES / ANNOUNCEMENTS

Ambit Energy Program (All Markets)

Save money and support a worthy cause every month.

Is holding a fundraising drive, but we're not selling anything you don't need. In fact, you can help our cause by saving money on something you already use! We will help you save on electricity or gas by switching your service to Ambit Energy, our partner in this fundraising effort.

Why Switch to Ambit?

Great Savings — Our rates are among the most competitive and there's no cost to switch.

Green Plans — Our green plans are 100% renewable wind energy and are Green-e Energy™ Certified.

Great Rewards

- Enjoy two nights of hotel accommodations at one of more than 25 destinations as a welcome gift.
- Accumulate points for Travel Rewards based on the energy you use each month.
- Earn additional Travel Rewards by referring Customers.

Satisfaction Guarantee

We are so certain your service will not be interrupted during your switch, Ambit will pay your first bill if we disconnect you.



Contact your Ambit Independent Consultant for the details and enroll today!

Contact me: Amanda Saunders / Diane Young
 Online: www.trekease.com/energy/IEE
 Email: www.trekease.com/energy/IEE
 Toll-free: (800) 833-4281 / (713) 520-4782 / (512) 310-8224 (Texas)



RAIL-PADS
 FOR PROTECTING WHEELS
 P.O. BOX 741 DICKINSON, TEXAS 75116-0411

RAIL-PADS, an innovation was to provide additional patient comfort and protection, are available in various sizes.

Toll-Free: (281) 537-5000
 Email: info@railpads.com
 Web: railpads.com

MAIL CERTIFIED MAIL/POSTAL INSURANCE #281-48227277

RAIL-PADS
 FOR HOSPITAL USE
 P.O. BOX 741, DICKINSON, TEXAS 75116-0411

RAIL-PADS are available for all wheel chair types.

Massey Firearms
 Licensed Federal Firearms Dealer

Joe Massey - Owner 281-996-0197 or 281-782-0007

- * Gun Repair
- * Rifles & Scopes
- * Pistols & Revolvers
- Shotguns & Ammo

I am a proud PVA Life Member and NRA Life Member.
"I provide dependable, honest, and quality business"

**Custom Crafted
 Stationary Sports Wheelchair Trainers**
 Hand built by
Paralyzed Veteran in Austin.
 US Patent # 7,604,572

Contact Christopher Stanford
 (512) 567-2066 www.trekease.com

One on One Transportation

Marcus Ellison
 Manager

Specializing in non-emergency transportation

- Phone: (832) 731-8104
- Fax: (281) 852-6901
- By appointment
- Oneon1transportation@yahoo.com

RAMPS AND OTHER THINGS—Our veteran friend, Carmen Gonzalez, works with the Boy Scouts. To help the boys earn their Eagle Scout status, they will build things like ramps at no cost other than the material. He said they will build portable or stationary ramps and other small projects. This is their community work they have to do. Contact Carmen by calling the Chapter

OFFER OF LAWN CARE-Houston area
 Name: Casey Norris—My husband and I would like to offer free lawn care to wounded veterans in the Houston metro area as a thank you for all they've done, and a way to relieve some pressure from their families. If you have any information that can help us accomplish this, we would greatly appreciate it. We have at least one full day open per week to dedicate to this. Thank you!
 email: Caseynorris90@gmail.com phone: 918-407-5476



SEEKING PEN PALS

Connie Conway
 1421 Haythorne
 Terre Haute, IN 47805



ADVANCED
Mobility Systems of Texas
"Keep Going"

Austin
239 Commercial Dr
Buda, TX 78610
Visit our new location!

Dallas
3029-A2 East Meadows Blvd
Mesquite, TX 75150

Ft Worth
2110 N. Beach
Ft Worth, TX 76111

Advanced Mobility is North Texas' largest mobility dealer. We offer a full range of mobility products. With 25 years of experience, we strive to deliver the perfect solution to keep you mobile. Call us today at 1-866-211-8267!




Service & Rentals

- Van Conversions
- Transfer Seats
- Hand Controls
- Stair & Personal Lifts
- Wheelchair & Scooter Lifts
- Home and Pool Modifications

BRUNO
By Appointment

BraunAbility
BraunAbility is a Mobility Experience

1-866-211-8267
www.advancedmobility.net

NEW

Uro Bag® System

Reusable urinary leg bag w/ T-Valve release port
Unisex 2-Pocket leg bag holder undergarment

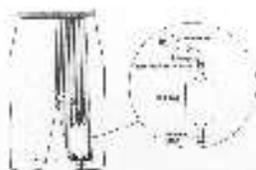


No Uncomfortable Leg Straps!

- No constriction of circulation to lower leg.
- No painful skin ulcers or red marks around leg
- Holds leg bag securely on leg without leg straps.
- Used with ALL catheters (including nephrostomy)



Which One Would You Choose?



Uro Bag System



Leg Straps



Adult Diaper



"The comfort and support I achieve with Uro Bag System is perfect for my active lifestyle." - David Wagner
Gold & Silver Medalist - Quad Tennis

Medicare Approved
HCPCS #A5112
DAPA Listed

Package Contains:
1 - Reusable rubber (22 oz.) leg bag (Made in USA)
1 - Tubing w/connector (Made in USA)
1 - Unisex leg bag holder (S thru 3X) - (Made in India)

Uro Bag System is currently available at selected VA Hospitals and Clinics.

If your VA location is not offering the URO BAG SYSTEM, please have them contact Uro Concepts Inc.
(830) 997-8025 - uroconcepts@gmail.com www.uroconcepts.com Patented product of Uro Concepts Inc.

CLASSIFIEDS / SERVICES / ANNOUNCEMENTS

Texas Premier Handicap Van and Mobility Equipment Dealer



Exclusive authorized **BraunAbility** conversion dealer for the Greater Houston area, Corpus Christi and McAllen | Authorized conversion dealer for **VMI, Tuscany, El Dorado** and **Mobility SVM** | Side and Rear Entry Lowered floor Minivans | Wheelchair Lifts/ Restraints | High-Tech Driving Systems | Raised Roofs & Doors | Rental Vans | **Bruno & Harmar** Scooter Lifts | Power Transfer/Lift-up Seats | Hand Controls & Steering Devices

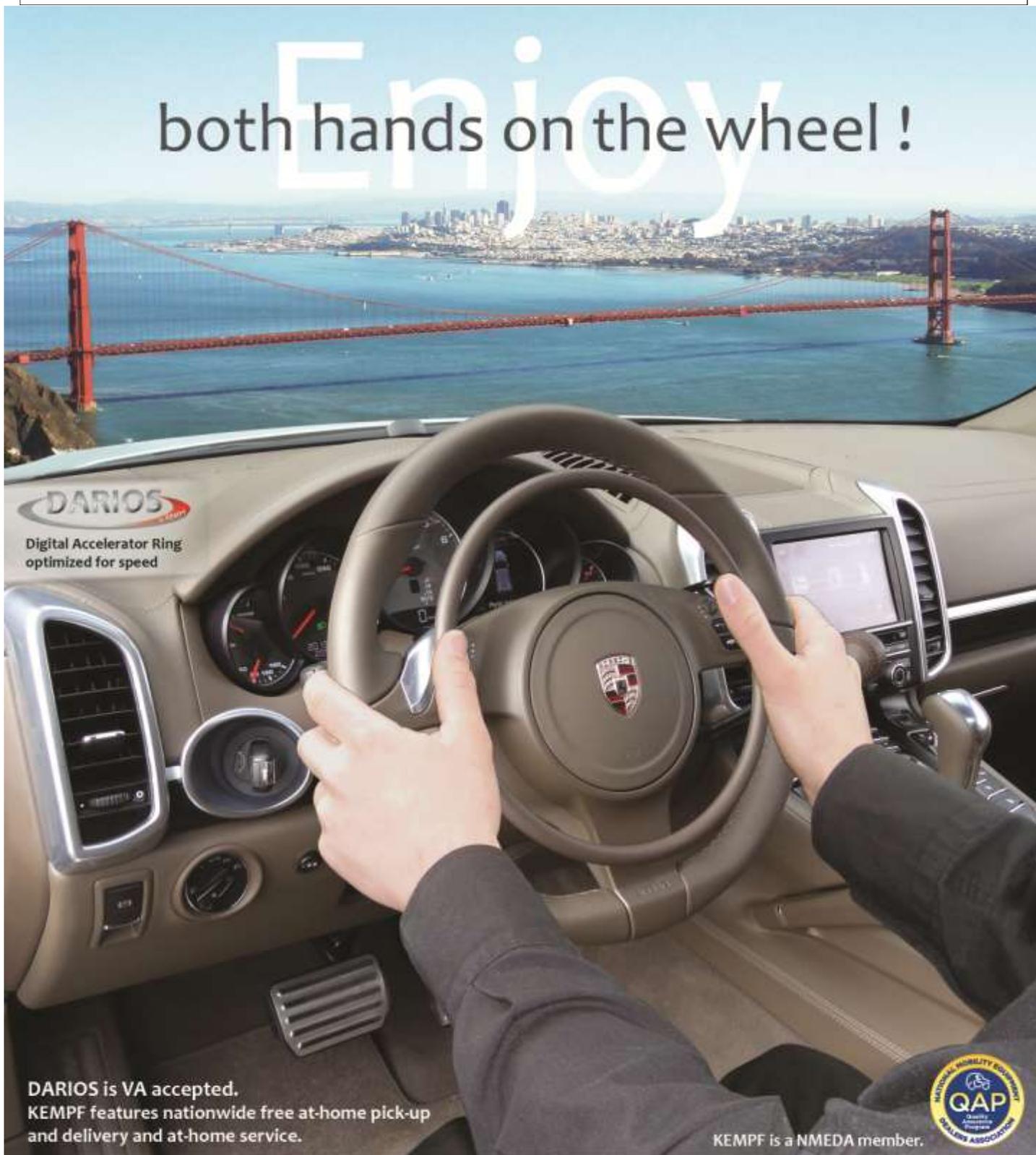


Largest inventory of new and pre-owned modified vans in Texas!

Pasadena Houston Corpus Christi McAllen

www.adaptivedriving.com | 1.888.553.6003

Enjoy
both hands on the wheel !



DARIOS is VA accepted.
KEMPF features nationwide free at-home pick-up
and delivery and at-home service.

KEMPF is a NMEDA member.



Visit: www.kempf-usa.com to find videos and comments from users and to request a quotation.

Call Toll-free: 1-888-4-KEMPF-US (453-6738) for a free DVD and free brochure.



CLASSIFIEDS / SERVICES / ANNOUNCEMENTS



Family owned and operated,
proudly serving Houston and
surrounding area since 1987.



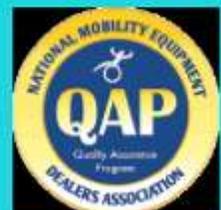
Be a part of the Mobility Plus family. It's nice knowing someone
"in the business".



Wheelchair Lifts and Ramps
Lowered Floor Mini Vans
Adaptive Driving Equipment
Rental Vans and Equipment
Stair Lifts
 Scooters
Manual and Power Wheelchairs



Visit us at our facility M-F 7 am til 4 pm or at our website - MobilityPlusTX.com
1789 Upland Drive | Houston, TX 77043 | 713 468 4683 phone
713 468 2230 fax | email info@mobilityplustx.com



CLASSIFIEDS / SERVICES / ANNOUNCEMENTS

ALAMO MOBILITY, INC. - Our goal is simple, to help you reach yours!

www.alamomobility.com



Alamo Mobility, Inc.
6473 De Zavala Rd.
San Antonio, Texas 78249
(210) 697-8884

Full Size Vans
Transit Vans
Pre-Owned Vehicles
Securement



Alamo Mobility, Inc.- Austin

16262 IH-35 North
Selma, TX 78154
(210) 718-0055
Toll Free (888) 289-8812



Minivans
Buses
Hand Controls
Wheelchair Lifts

Scooter broken? Need new batteries?

We repair all scooters and power chairs, car lifts and lift chairs, --- in your home!

The VA pays for most repairs if it provided the equipment to you.

Call for details.
830-626-0051



Serving San Antonio, Waco, New Braunfels and surrounding areas
830-626-0051
www.restoringmob.com



Lizzie B's Auction House

IF THE BID FITS... SELL IT

COL "COOP"

Auctioneer Lizzie B's Auction House

www.lizziebauctions.com

Offered by COL "COOP"



Charles Cooper, TX LIC#17412



Become A Donor

Annual contributions for 2013-2014 will be as follows:

Platinum Donor	\$1,000 or more
Titanium Donor	\$500 – \$999
Gold Donor	\$250 – \$499
Silver Donor	\$100 – \$249
Bronze Donor	\$50 – \$99
Brass Donor	\$25 – \$49
Supporter	\$5 – \$24

2015-2016 DONOR CLUB as of October 1, 2015

- PLATINUM** - Burns & McDonnell (Johnny Godwin), John Stacy Kemp II, Excel Modular Scaffold, Scott McLendon, Wayne Swaim, Help Our Wounded, Ancira Winton Chevrolet, TK Holdings, Baker Nissan, . JB & Kelly Kolodzey, TAKATA, Jaime's Roustabout Service, VFW Post 7108, Alamo Safari Club
- TITANIUM** - Triad Electric & Controls, Inc., Post Oak Farms, Wayne Wright LLP, Apple Inc., Mae Grigsby, Genentech Inc., Julie Dexter, Royce Graff (NSSC), TX Dove Hunters Assn., Dixie RV & Boat Storage , Willard Allen; Wayne Wright, Reagent Chemical & Research, Inc., Rita Schwarzenbach, Aderbad Tomball, Miguel Quinones
- GOLD** - Johnson Glass & Mirror, Spring Klein Chamber of Commerce, Global, The Source, Briley, Lone Star Arms & Ammo, Bayou Electrical, PK Industrial, H.D. Mercer, Dan McNeil, Christopher Medina, Alamo City Chocolate Factory, Decot Hy-Wyd Sport Glasses
- SILVER** - Steve Ellis in memory of F.A. Stokley, Michael Taggart, R&R Traps & Sales, Gulf So Fence & Access, The Woodlands United Methodist Church, Briley, Thomas Morgan, Perazzi USA, Krieghoff International, Inc., Pineforest Jewelry, Mary Ann Ruth, Decon Richmond Phillips with Veterans of True Vine and Shiloh Baptist Churchs & The Community of Barrett Station, Morris Williams, JoAnn Clark, Ana Timmins in memory of Jose C. Laguna, Patricia Hamzy, Woodco USA, Ron & Sharon Rolando, Ron Sommers & Charles Mary Kubricht in honor of Corrine McCormick, Alice Benson, John Rodak, Vickie & Richard Tanner, Robert Giles, Hermes Rodriguez, Karen Carlson, Matthew Sealy on behalf of Valda Mae Gates for her continued support of Las Palmas, Warren Hamrick, Sylvia Garza, TX St Rifle Assoc., Lisette & Clemente Zabalza, Speedbump Stockworks, Richard Cain, Mohan's, Sabrina & Leroy Robinson, Jo Ann Glickman, Dean Cambourakis, Silvia Garza, Judith Withers, Honeywell International, Don Langford, Mr. and Mrs. Mercer, Houston Gulf Coast Building, Marlon Punch, Christina Rogers, Michael Taggart, Sandra Randolph, Nina Dennis, Jose Aguilar
- BRONZE** - Ben & Peggy Jurek in memory of Michael Hefferan, Shauna Akers, Mattie Cornwall, Robin Allhouse, Sean & Judi Oliver, J.C. Street, Mike or Linda Dockal in memory of Reed Bond, Ruth Brunt in memory of Michael Hefferan, Chico & Yvonne Mason in memory of Mary Aguilera, Becky Martin in memory of Reed Bond, Thaddeus Berry, Ralph Weston, Williams Companies, Sarah Wysocki, employess @ TX DOT-Structural Section, Tammi Danielson, Lydia Baugh, Cynthia Overholser DDS & Staff in memory of William "Bill" McKenzie, Carie Angelico, Lillian Street in memory of Christopher Bowling, Robin Allhouse, James Nelson, John Millet, Linda Cowles, Betty and Martin Ellyn, Dennis Selfridge, Brianne Gravatt, Gail Evans, James Ignatovich, Krueger Engineering, Mark Joyce, Judith Oliver
- BRASS** - William & Marian Tannahill in memory of F.A. Stokley, El Tejano, Alvin Guerrero, Woman's Club of Cleveland, Rosemarie Zimmer, Darlene Byler, Robert or Teresa Ochoa in memory of Mary Aguilera, Rebecca Edwardes, Frances Colaianne, Diann Fiore, Patricia Chapman, JC Penney, Hussein Nijim, Chevron, AT&T, Barbara Zavala, Bonnie Donaho, Home Away from Home, Walt Gish, Phyllis Pittman Communications, Pam Langenbahn, Paul Yozzo, Cory Job, Nipa Kamdar
- SUPPORTER** - Ambit Energy, Hayley Lenz, Michael Hausman, Carrie E. Swint, Howard Rudolph, Nina Dennis, Narayan Rajan, United Health Group, Miguel Chavez, Alejandro R. Martinez Sr., David Ho, Ronald Hamlin, Matthew J. Campbell

PARALYZED VETERANS OF AMERICA. TEXAS CHAPTER DISCLAIMER

We are a chartered chapter of Paralyzed Veterans of America. This newsletter is a publication of the PARALYZED VETERANS OF AMERICA, TEXAS CHAPTER , Houston, Texas. It is designed to serve its members and interested parties by keeping them informed of Chapter activities, Veterans Issues, SCI related items, Legislative and Advocacy Issues, Veterans Benefits, Development, and other issues concerning the disabled community.

The opinions expressed in this newsletter do not necessarily reflect the views of the Chapter, Board of Directors, Officers, or the Editor. Similarly, any appearance of advertising, or mention of products, does **NOT** constitute an endorsement of products or services.

CLASSIFIEDS / SERVICES / ANNOUNCEMENTS

ADVERTISE WITH THE SPEEDY GAZETTE!

All submissions for the classified section of the **SPEEDY GAZETTE** must be in the TPVA office no later than the 1st of the month. The charge is \$15.00 for 15 words (each additional word is \$.25). Payment must accompany the ad. If you are a member in good standing of TPVA, you may place a 15 word ad for FREE. An incentive 10% discount applies on ANNUAL commitments.

Display Advertisements: to offset some of the cost of printing and mailing the **SPEEDY GAZETTE**, the following ad rates apply:

<u>SIZE</u>	<u>MONTHLY</u>	<u>ANNUAL (approximately six issues a year)</u>
Business Card	\$20	\$120 less 10% = \$108
1/4 Page	\$30	\$180 less 10% = \$162
1/2 Page	\$55	\$330 less 10% = \$297
Full Page	\$125	\$750 less 10% = \$675

Call 800-933-4261 or 713-520-8782, ext 4 to place a display advertisement or classified advertisement.

PVA Service Officers

Houston	San Antonio	Waco
<p>Gregory Treacy, SNSO (800) 795-3571, (713) 383-2727/2723 (713) 383-2724 FAX</p> <p>Houston VA Regional Office 6900 Alameda Rd., Room 1028 Houston, Texas 77030-4200 Olga Fernandez, Sr Secretary</p>	<p>Armando De La Rosa, SNSO (800) 795-3572, (210) 617-5300 ext. 1-6819 (800) 795-3572, (210) 617-5300 ext. 1-5275 (210) 615-7498 FAX</p> <p>Audie Murphy VAMC 7400 Merton Minter Blvd., Rm. C-014 San Antonio, Texas 78229 Patricia Phelps, Sr Secretary</p>	<p>Ty McWhorter, NSO II Dan Meckel, NSO II (800) 795-3573 (254) 299-9944/9942/9941/9940 (254) 299-9943 FAX</p> <p>Waco Regional Office One Veterans Plaza 701 Clay Avenue, Room 115 Waco, Texas 76799 Rhonda Broughton, Sr Secretary</p>
<p>Kimberly Springfield, Benefits Advocate (713) 794-7993 (713) 794-7525 FAX</p> <p>Houston Michael E. DeBakey VAMC 2002 Holcombe Blvd, Room 1-B-164 Houston, Texas 77030 Angel Chapa, Secretary</p>	<p style="text-align: center;">Temple</p> <p>PVA VLO Jack Soto 254-743-1686 SCI Clinic (Mondays, Wednesdays and Thursdays Only 8:30 - 2:30) SCI Physician, Dr. Idowu 800-423-2111, then dial the extension #44528 SCI Coord Derrick Matthews x 41769 SCI RN Karen Page ext 43042 or 43043</p>	
<p>Shaun Smith Voc. Rehabilitation Counselor Work: 713-791-1414 x 3659 Fax: 713-794-7865 Cell: 832-589-2621 shaun.smith @ va.gov</p>		

PARALYZED VETERANS OF AMERICA

TEXAS CHAPTER

P.O. Box 989

Crosby, TX 77532